

SPA TREATMENT MENU

MASSAGES

Our spa treatments are carried out in the comfort of our cosy chalet by one of our trusted external spa therapists.

All treatments last 60 minutes and are priced at 160 CHF each.

Deep Tissue massage

Working deep into the muscles, the deep tissue massage effectively releases chronic tension and soothes tired or tense muscles after a day out on the mountains

Relaxing massage

The perfect massage that relaxes your body and mind to restore balance. It's gentler than a deep tissue massage, suited for those who prefer a less intense treatment

Sports massage

Releasing muscle tension and restoring balance, the sports massage is tailored to focus on your specific problem areas and also helps to prevent injuries

Bamboo massage

Starting with a traditional massage to warm up the body, heated bamboo sticks are then rolled over the muscles to break down tension and stretch tight muscles. This treatment is perfect as an après ski treatment and for those who like a strong massage

FACIAL

Farfalla organic nourishing facial

This facial uses grapefruit to cleanse and tone, aloe vera to repair and restore, bergamot and lavender to calm, and rose with geranium to hydrate and regenerate. Your treatment will end with a hydrating hand massage

GENERAL INFORMATION

- For the safety of both our spa therapists and guests, our spa therapist will be wearing a face mask during your spa treatment. Whilst this may well hide their smile, they will most certainly still have smiling eyes! We also require guests to wear a face mask during their spa treatment
- Please use the hot tubs and swimming pool at your leisure
- Treatments can be booked prior to arrival by contacting our Reservations team, or simply speak to a member of the team once you get here. *Please allow at least 24 hours notice where possible*
- Treatments are not included in the normal rates and are priced in Swiss Francs
- Please let one of our team members know the day before, if you are no longer able to make your appointment. A 100% cancellation charge will apply for any appointments cancelled on the same day
- Treatment times indicate the total booked time. Your treatment will finish 5 minutes prior to this time so that your therapist can prepare for the next client
- We kindly ask that you arrive on time for your appointment as during busy periods, minutes missed due to a late arrival unfortunately cannot be added on to the end of a treatment