

MAHALI MZURI

# NASARO SPA

*Virgin* LIMITED  
EDITION

# WELCOME

What better way to relax after some thrilling game viewing than at Nasaro - which literally means 'refuge' or 'relaxation' in the local Maa language. Nasaro is located down near the valley floor and provides a private, intimate setting in which to be pampered with truly stunning views over the bush.

A whole range of treatments are available, from facials and massages to those essential grooming rituals.

The Nasaro Spa is open from 8am to 7pm.\*

- Treatments are not included in the tent rates and are priced in US Dollars.
- You can book an appointment before you arrive by contacting our reservations team, or on property by talking to one of our team members, or by calling **201** or **205** from your tent.
- The treatment time stated includes a consultation, so please arrive on time for your treatment as in busier periods we will not be able to extend the session.
- If you are unable to make your appointment, please let a member of the team know the day before, a 100% cancellation charge will apply for any appointments cancelled on the same day.
- Please note that treatments are subject to availability and prices are subject to change without notice.

\*We can arrange late evening treatments with prior notice.

# D'VINE

We use a range of products from D'VINE in our treatment room. The products are crafted with the finest natural oils, butters and botanicals. Our range includes:

## AWAKEN

Based on a stimulating blend of orange and bergamot, along with energising rosemary, this combination of essential oils stimulates and recharges the senses, boosts circulation, and uplifts one's mood. The overall aim is to restore vitality and energise the mind and body.

## TRANQUILITY

Based on a unique and delicate combination of fresh citrusy bergamot, herbaceous lavender, floral rose geranium, and warming cedarwood, this essential oil blend imparts a truly unique sensory experience, inducing the deepest feelings of calm and relaxation. The overall aim is to create harmony and balance for the mind, body, and soul.

## PURE RECOVERY

Based on the healing properties of camphor, eucalyptus, menthol, herbaceous lavender, and earthy frankincense, this blend relieves aches and pains, releases soothing vapours, and eases heaviness. The overall aim is to instill a sense of wellness.



## SIGNATURE TREATMENTS

### NASARO MISULI

60 min - \$ 120 | 75 min - \$ 140 | 90 min - \$ 180

Indulge in our signature deep tissue massage inspired by the strength and agility of Maasai warriors, this deep tissue massage focuses on releasing tension and promoting muscle recovery.

### SOUL OF AFRICA

90 min - \$ 150 | 120 min - \$ 180

This experience starts with a full body exfoliation to prepare the skin for a stimulating body mask that is designed to awaken the senses, boost circulation, and restore vitality. To complete this body ritual, we nourish the skin with one of our body oils, while the mind drifts to the background sounds of Africa.

### ENCHIRTT HOT STONE MASSAGE

75 min - \$ 120

A massage using smooth river rocks to symbolise the warmth of the African sun and the soothing flow of water. The warmth from the stones penetrates your muscles, melting tension away and allowing you to sink into a state of blissful tranquility.

## BODY CARE

### AROMA THERAPEUTICS

60 min - \$ 120 | 90 min - \$ 150

Escape the ordinary and embark on a journey of self-discovery and renewal, guided by the spirit of adventure and the healing touch. Our easy melting shea balms from Uganda are blended with essential oils. When massaged into the body, the balms deeply hydrate the skin, while the aromatherapy and scalp massage soothes the mind.

### HERBAL OIL MASSAGE

30 min - \$ 50 | 60 min - \$ 110

A relaxing Swedish massage combined with warm oils massaged into the body focusing on mobilisation of joints, easing areas of tension and relaxation of the mind. Your therapist will help you select one of our massage oils.

### ORINKA STICK MASSAGE

75 min - \$ 130

This is an ideal treatment for those looking to relieve stress. Skillful movements are performed with the hands and different sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress.

### D'VINE BESPOKE TREATMENT

60 min - \$ 130 | 90 min - \$ 150

Our bespoke treatments are the ultimate luxury. After a full consultation with your therapist, a tailor-made experience is customised, using a combination of body therapy or skincare to indulge your every need. Simply choose your length of treatment time and allow us to intuitively work with your body and relax your state of mind.

### REFLEXOLOGY

30 min - \$ 50 | 60 min - \$ 100

A unique opportunity to experience the healing power of touch on your feet. This holistic practice enhances overall well-being and supports the body's natural healing processes.

### EXPRESS TREATMENTS

30 mins - \$ 50

Full body or salt scrub | Balancing scalp massage | Back, neck and shoulder massage

### BODY CARE ENHANCEMENTS

Complement your massage for an extra \$ 20 with:

- Warm rose quartz
- Stretches
- An orinka stick

## FACIAL CARE

### D'VINE BESPOKE FACIAL

60 min - \$ 100

This wonderfully deep cleansing and regenerating facial looks at the skin holistically, working to maintain balance and a healthy radiance. Your treatment will include a thorough skin consultation and use of therapeutic serums that treat the appropriate skin conditions. Enjoy a foot massage while your mask is on.

### D'VINE EXPRESS FACIAL

30 min - \$ 50

Introduce your skin to the D'VINE range; we will tailor the treatment to your skin's needs.

### EYEBROW CARE

\$ 10

Threading | Tweezing | Waxing

## WAXING

Waxing acts as a physical exfoliation that removes lifeless surface skin cells, meaning you are receiving both hair removal and skincare, leaving you with smoother, longer-lasting results.

### LEGS

|            |       |
|------------|-------|
| Lower legs | \$ 25 |
| Upper legs | \$ 25 |
| Full       | \$ 40 |

### ARMS

|           |       |
|-----------|-------|
| Full      | \$ 25 |
| Half      | \$ 15 |
| Underarms | \$ 25 |

### BIKINI

|      |       |
|------|-------|
| Full | \$ 50 |
| Line | \$ 20 |

### BACK

|       |       |
|-------|-------|
| Full  | \$ 40 |
| Upper | \$ 25 |
| Lower | \$ 25 |

## BEAUTY ESSENTIALS

EXPRESS MANICURE      \$ 50

EXPRESS PEDICURE      \$ 50

MANICURE & PEDICURE    \$ 100

If you'd like a French polish, please let us know when booking your appointment. This service requires an additional **15 minutes** and incurs a **\$ 10** charge.



## LITTLE WARRIORS

Nasaro Spa is not just for adults - kids can enjoy some pampering too. After a day of exciting game drives, they can relax with our soothing massage. The perfect way to unwind and feel refreshed.

### TWIGA RELAXING MASSAGE

30 min - \$ 45

A soothing neck, shoulder, and scalp massage to melt away tension and relax tired muscles after a day of adventure.

Subject to availability.

Parental consent must be given before the treatment.



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