

# ACTIVITIES & EXPERIENCES

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As would be expected wine tasting is high on the agenda at Mont Rochelle. The wine tram is a popular way to see the town of Franschhoek whilst sampling some of the finest wines in the region. There are plenty of other activities to enjoy during your stay including hiking and for the thrill seekers mountain biking. For those needing a little bit of down time the pool is the perfect spot to take in the panoramic views of the Dassenberg Mountains followed by a spa treatment from our in house spa. From lawn games to tennis there's plenty of activities for everyone to get involved in.

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## Get active...

### GYM

For the active types our gym is available between 6am and 10pm every day. There are two treadmills, bikes, an adjustable bench and suspension training pack, dual adjustable pulley and a multipower machine, set of free weights and a body ball.

### BIKING\*

There are some wonderful routes that make it easy to explore the surrounding area on bike. We can arrange bike rental with a local company, just let us know and we can book these for you.

### TENNIS

It's game, set and match to our floodlit astroturf tennis court when it comes to scenic places to play tennis. As well as the view, racquets and balls are provided and it comes complete with a cabana, kitchen and bathroom.

### LAWN GAMES

There are plenty of lawn games that you can play whilst taking in the stunning views. Anyone for chess?

*\*Additional costs apply.*

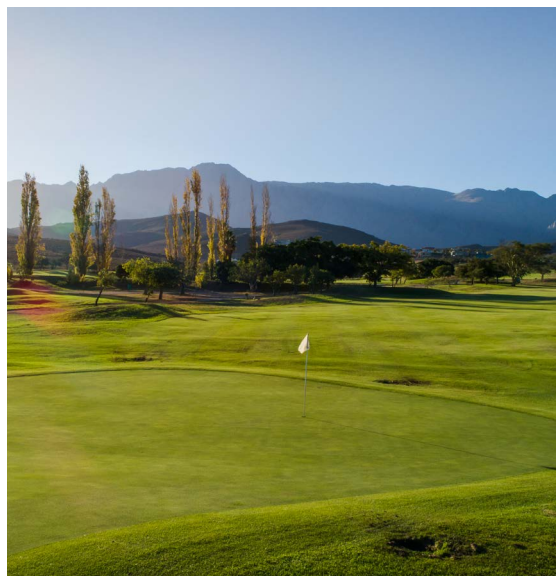


GOLF

South Africa is known for the high standard of its many golf courses. The hotel can arrange tee-off times for you. Booking is vital during the summer season in order to avoid disappointment.

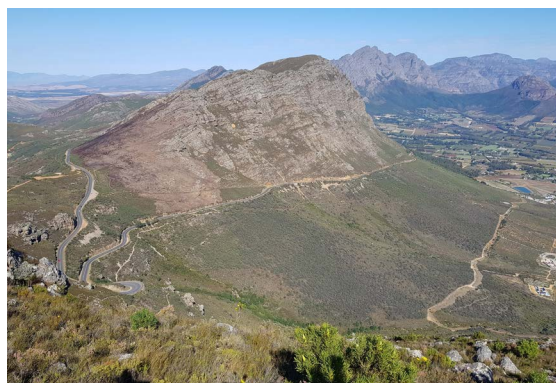
Golf courses in our area and the driving time from Mont Rochelle:

Pearl Valley Golf & Country Estate	15 mins	18 holes
Boschenmeer Golf Estate	20 mins	27 holes
Devonvale Golf & Wine Estate	30 mins	18 holes
Stellenbosch Golf Club	30 mins	18 holes
Somerset West Golf Club	45 mins	18 holes
Erinvale Golf Club	60 mins	18 holes
Arabella Golf Club	90 mins	18 holes



HIKING

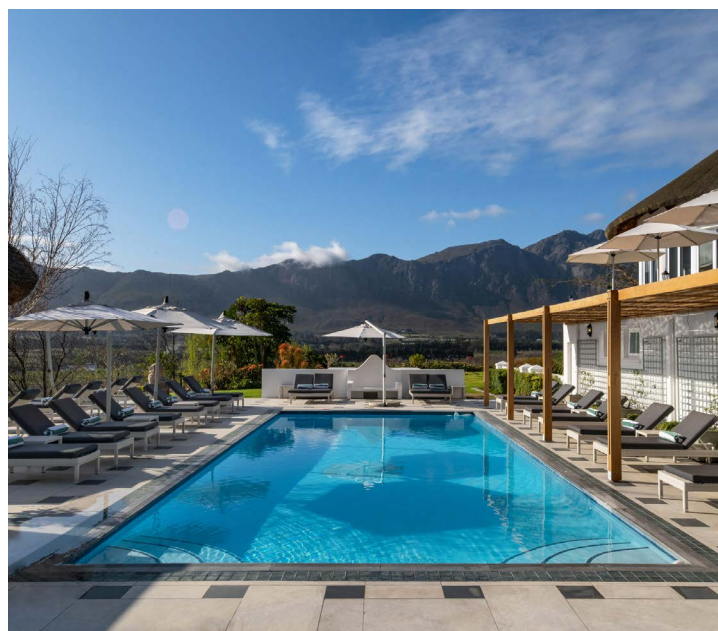
Enjoy a hike through the hills, valleys and vineyards surrounding the hotel, as well as in local nature reserves. The Mont Rochelle Nature Reserve on the opposite side of the valley offers superb views of the wine valley and on a clear day you can even see Table Mountain and the ocean! The walks vary in length from 3 to 8 hours and are of moderate intensity. You will need to acquire a 1 day permit that costs R50 per person and a map that costs R20. You are welcome to take walks through our farm and our only request is that you stay on the walkways, to preserve the fragile vines that produce our splendid wines.



Relax...

POOL

Take a dip and relax in the main outdoor heated swimming pool at Mont Rochelle - there are some fantastic views of the Franschhoek mountains. Barservice and fresh towels are available around the pool.



SPA

What could be more relaxing than a spa treatment during your stay? Mont Rochelle has two dedicated spa treatment rooms as well as a Hammam. We use the eco-friendly Africology 'Authentic' range of products which are made from 100% essential oils and natural plant extracts. Resident guests are welcome to make use of the Hammam at their leisure as long as it's not in use for a scheduled treatment. taking in the stunning views. Anyone for chess?



## Wine o' clock...

### PRIVATE WINE TASTING

A private wine tasting at Mont Rochelle isn't just a special event; it's a regular occurrence. We can set up an exclusive tasting just for you and up to seven of your loved ones, surrounded by the best vintages in our wine cellar.

Availability: Mondays, Wednesdays, Fridays and Sundays  
Time: 11am or 5pm

### COMPLIMENTARY WINE TASTING

A complimentary wine tasting at Mont Rochelle is the perfect way to experience our finest vintages. Tastings take place in a relaxed group setting and can be organised at The Country Kitchen, in our bar, or within our dedicated wine tasting room for the ultimate experience.

Availability: Every day  
Time: Between 10am and 6pm

### WINE MAKER'S DINNER

Indulge in a truly unforgettable evening with our Winemaker's Dinner, hosted by our esteemed winemaker, Michael Langenhoven. Enjoy an exclusive cellar tour followed by a delectable five course pairing dinner at The Country Kitchen.

### FULL DAY WINE TOUR

Embark on a bespoke wine adventure with our exclusive full day wine tour guided by our private tour guide at Mont Rochelle. Indulge in a tailor-made experience crafted around your wine preferences. Explore renowned wine regions including Stellenbosch, Paarl, and Wellington, with water provided in the vehicle and stand tasting fees covered.

Duration: 7 hours

### SUNDOWNERS & LIVE MUSIC

On the last Friday of every month, there will be live music from a lineup of exciting local artists. From 5-7pm, tuck into delectable locally sourced dishes paired with fine wines from our winery whilst enjoying great music.



### FRANSCHHOEK WINE TRAM

A great way to discover the Franschhoek Valley is by the famous wine tram! This is a hop-on, hop-off service offering picturesque vineyards, beautiful scenery, fine wines, and world class cuisine as you travel. Here guests will have the chance to visit some of South Africa's oldest and most distinguished wine estates travelling on an open air tram. Mont Rochelle is a stop on one of the Wine Tram routes, so guests can book the other route to sample more of the area's vineyards.

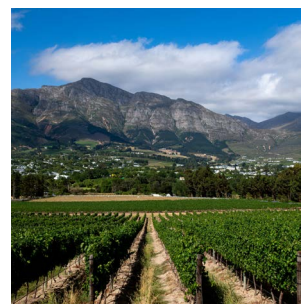
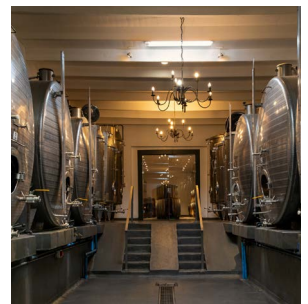
### VINEYARD & WINE CELLAR TOUR

Immerse yourself in the world of winemaking with our complimentary vineyard and wine cellar tour, it's the perfect opportunity to discover the artistry behind our exceptional wines.

Availability: Mondays, Wednesdays and Fridays  
Time: 9:30am

### Did you know?

Our 1850s winery, once a fruit packing shed, now functions as a traditional wine cellar, processing nearly 150 tons of grapes each season.



## Explore...

### WALK INTO FRANSCHHOEK

Take a 15-20 minute walk from the property and go exploring in Franschhoek, a traditional small town known for its beauty. It has lots to do and see including interior design boutiques, craft shops, patisseries, lovely restaurants, art galleries and museums. If you are laden down with shopping, we run a complimentary transfer service between Mont Rochelle and Franschhoek at set times of the day for lunchtime and evening visits. Outside of these times transfers and pick ups will be charged additionally.

### HUGUENOT MEMORIAL MUSEUM

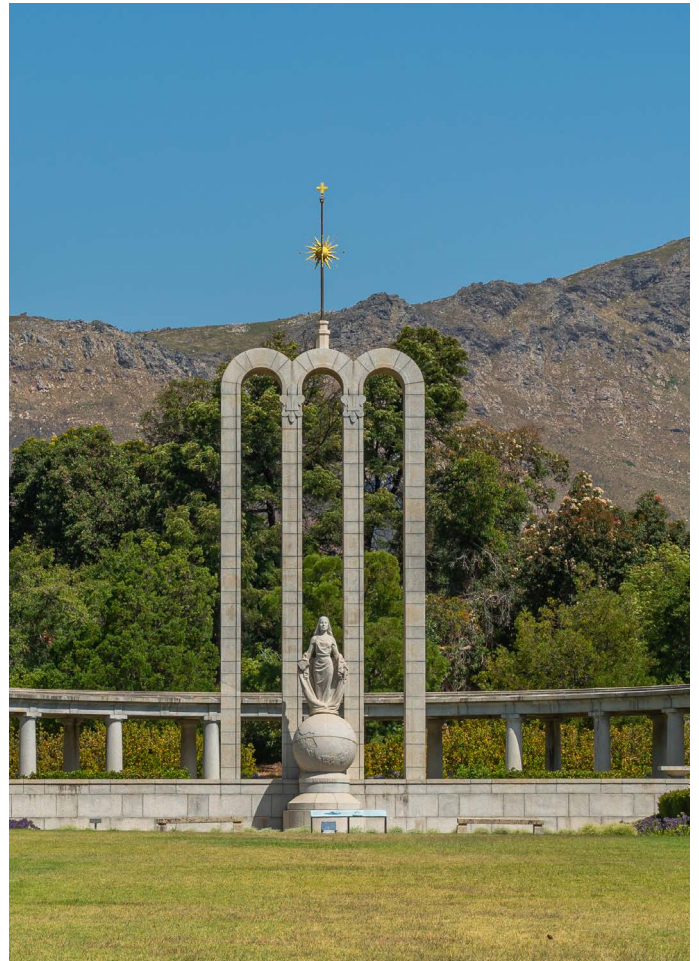
Embark on a fascinating journey through the Huguenot Memorial Museum, where the vibrant tale of South Africa's French Huguenots comes alive amidst the whirlwind of a global refugee adventure. Uncover the details of power struggles, religious fervor, and the legendary twists that have shaped South Africa's remarkable story. It's history with a sprinkle of adventure.

### FRANSCHHOEK MARKET

Indulge in a delightful array of delectable eats and drinks, peruse top-notch crafts, and groove to lively tunes beneath the shade of majestic oak trees. It's the perfect recipe for a memorable day out.

Availability: Every Saturday (weather dependant)

Time: 9am - 3pm



### FRANSCHHOEK CYCLES

Pedal your way to adventure with this fantastic bicycle shop right in the heart of Franschhoek. Whether you're up for exploring on an e-bike or a traditional bicycle, they've got you covered. Don't forget your helmet, and if you're feeling adventurous, why not join one of their guided tours?

### HISTORICAL TOUR

Dive into the rich tapestry of Franschhoek's past with a captivating historical tour. Venture beyond the streets to explore the scenic Berg River area, guided by a knowledgeable expert. Choose between a leisurely mountain bike ride or the ease of an E-Bike, with helmets and refreshing water provided for up to two hours of exploration.

### MONT ROCHELLE NATURE RESERVE

Just a friendly reminder that this gem isn't part of our estate, but it's well worth the visit. Explore the wonders of the Mont Rochelle Nature Reserve, boasting ten diverse hiking trails suitable for all skill levels. Whether you're seeking a leisurely stroll or an all-day adventure, there's a trail waiting to be discovered amidst this natural paradise.



### PARADISE STABLES

Gallop through the picturesque landscapes of the Western Cape atop majestic Arabian horses, guided by the experienced Pieter Hugo. With three unique riding options to suit every adventurer, it's an equestrian paradise waiting to be explored.

### SCOOTOURS

Experience an adrenaline-fueled adventure as you zip through the breathtaking mountains and lush wine farms surrounding the Franschhoek Valley. It's an exhilarating and family-friendly way to soak in the beauty of the region like never before.

### FRANSCHHOEK MOTOR MUSEUM

Rev your engines and take a trip down memory lane at a spectacular museum, home to over 220 vintage vehicles. Step into the world of motoring history and immerse yourself in over a century's worth of automotive evolution. It's a special opportunity for enthusiasts of all ages.

### THE GIRAFFE HOUSE WILDLIFE AWARENESS CENTRE

Get ready for an up-close encounter with the wonders of African wildlife. Giraffe House are dedicated to creating a space where visitors can immerse themselves in the great outdoors while discovering the uniqueness of our animal friends.

### DRAKENSTEIN LION PARK

Journey to a haven of compassion and protection for lions in need. The park works to offer sanctuary to lions in distress, providing them with safety, dignity, and the respect they deserve.

### FIRST SOUTH AFRICAN PERFUME MUSEUM

Delve into the enchanting world of fragrances at this small museum, where they celebrate an ancient heritage and share their passion for fine perfumes. Explore their collection of perfume making machinery, that includes some antique masterpieces, and learn the refined art of perfume making through fascinating exhibition and workshops.



### HOT AIR BALLOON

Rise with the sun and savour a cup of coffee as you take to the skies for a breathtaking adventure. It's more than just a ride, it's a chance to check off that bucket list item, marvel at the world below from a whole new perspective.

### NAC HELICOPTERS

Take your adventure to new heights with a scenic helicopter charter tour over the Cape Winelands. Soar above the stunning Cape Peninsula and glide into the picturesque wine routes of the Cape. It's a journey that promises unparalleled views and unforgettable memories.

### GROOT DRAKENSTEIN PRISON

Formerly Victor Verster Prison, holds a significant place on the map, notably as the final site of Nelson Mandela's incarceration. It was through these very gates that Mandela took his historic walk to freedom in 1990, marking a momentous chapter in South Africa's history.

