



# WINTER ACTIVITIES IN VERBIER

THE LODGE SITS IN THE FOUR VALLEYS AN AREA STARTING IN VERBIER AND STRETCHING ALL THE WAY INTO NENDAZ, PASSING THROUGH VEYSONNAZ, THYON, AND LA TZOUMAZ, TO THE FURTHEST POINT IN LES MASSES AND ALSO INCLUDES BRUSON. ALL OF THESE RESORTS CAN BE ACCESSED WITH A SINGLE SKI-LIFT PASS, OFFERING THE AVID SKIER OVER 400KM OF PISTES .



# Skiing and snow boarding in Verbier

The ski area around Verbier includes 195km of marked pistes of all standards and of every exposure divided over the sectors of Les Ruinettes, Les Attelas, Savoleyres, Bruson and within the resort. The artificial snow-making system of Les Attelas at 2,730m all the way down to Verbier at 1,500m enables not only a descent directly into The Lodge, but an extended ski season from November right up until the end of April. You can take advantage of the 38 lifts which are amongst the most modern in the world, including the Funispace, a 30 person enclosed cable car and a 125 person jumbo from Tortin to Gentianes.

## BEGINNERS

Two nursery slopes lie in the centre of the resort, ideal for starting out or getting back into the swing of things if you haven't been skiing for a while. Les Esserts has 1 button lift and 2 magic carpets, and is situated immediately next to a restaurant with a terrace. This is a prime site for beginners with families, with access to one of the longest magic carpets in Switzerland. Le Rouge has a T-bar to enable more confident beginners after their first stage on Les Esserts to attempt a more advanced slope. When you are ready to venture up the mountain, the areas of Savoleyres, Lac des Vaux and La Chaux offer a number of easy blue runs, to moderate red runs.

## INTERMEDIATE

There are hundreds of more challenging red and black runs which make up the Four Valleys, and it is possible to do a day trip exploring them all. These runs are serviced by the main Médran lift, only a short walk or drive from The Lodge, rising to Les Ruinettes, where the 'Funispace' to Attelas and Lac des Vaux and the 'La Chaux Express' to La Chaux await you. There are some Verbier classics here, and the ski area really opens up, leading you from La Chaux to Col des Gentianes and from Lac des Vaux into Chassoure – Tortin and beyond.

## ADVANCED

Verbier is renowned for having some of the best off-piste and itinerary runs around so there will be plenty to keep the more adventurous skiers amused. The peak of Mont Fort in the middle of the range, at an altitude of 3,330m, is the tallest in the Four Valleys. You can also discover mountains of Mt Gele, with itinerary only skiing, the legendary backside of Mont Fort – 'stairway to heaven', Creblet and Bec de Rosses, where Verbier hosts the annual 'Freeride World Tour' stage of the pro-skiing competition. We suggest hiring an off-piste guide who will be able to show you Verbier's best kept secrets for off-piste skiers!



# The Lodge ski experience

AT THE LODGE WE HAND PICK OUR OWN SKILLED TEAM OF PROFESSIONAL SKI INSTRUCTORS. THEY WILL MAKE YOUR LODGE EXPERIENCE TRULY UNFORGETTABLE, WITH THE BEST WEEK'S SKIING OF YOUR LIFE

## BEGINNERS

Learn at your own pace and comfort with our extremely patient and understanding instructors. We'll give you the skills to enjoy the mountain and most importantly have some fun!

## ALL-TERRAIN CLINICS

All Terrain Clinics - Designed to help you move around the mountain with complete confidence and control knowing you can cope with anything that comes your way. You'll work on being able to slow down or speed up at will, control your speed on steeper terrain, plus you'll learn how to cope with a fresh fall of snow, handle crowded slopes and narrow paths.

## PISTE PERFORMANCE CLINIC

Learn how to get the most out of your skis. Experience the g-forces of carving. Be inspired to experiment on the piste and enjoy the corduroy like never before!

## BUMPS

In our mogul clinic we'll teach you the knowledge and skills needed for the bumps whilst on-piste, and then we'll apply them in the bumps, allowing you to tackle mogul slopes with confidence and control.

## ADVENTURE

For you thrill seekers out there looking to go beyond the normal ski trip, we can arrange ski touring, ice climbing or day trips to Chamonix to ski the Vallée Blanche, or why not do a trip to Italy to ski over for lunch? Guides can be booked on arrival for these adventure trips and will be weather dependant.

## SNOWSHOEING

If you can walk, you can go snowshoeing. It's easy to do, it doesn't require a lot of special techniques, and the fun begins as soon as you put the snowshoes on! You can choose between a casual hike through the woods or a steep climb up the mountain. A great option is to walk up to lunch where the skiers have skied to, and you can walk to on snow shoes, getting you some fresh mountain air, and catching up on the morning news. It also allows you to go places where skiers can't!

## PARAGLIDING

Why not take to the sky and see the spectacular sites of The Matterhorn in one direction and Mont Blanc in the other? Take a tandem flight where you can sit back and enjoy the experience.

