

Good morning! Goeie môre! Molweni! Create your own breakfast journey with our light bites, eggs, hot dishes and locally inspired ingredients, from coastal freshness to bold Karoo flavours.

Available from 07:00am to 10:30am

A LIGHT START

Breakfast poke bowl (G) (Sp) (Ga) (Mu) (Ss) (Vg) **R 150**

Bulgar wheat, goji berries, cabbage, avocado, marinated tofu, cherry tomatoes, mushrooms, toasted sesame

12-hour fermented oats (G) (M) (N) (V) **R 130**

Rolled oats, yoghurt, banana, peanut butter, chia seeds, warm spiced honey, coconut

A HEARTY START

Benedict (G) (E) (C) (M) (Sp) (Ga) **R 285**

Creamy pap, homemade chakalaka, beef sausage, poached eggs

Royale (F) (E) (Sp) (Ga) (C) **R 130**

Three Streams smoked trout, homemade potato rösti, avocado, chakalaka hollandaise, poached eggs

Florentine (V) (E) (Sp) (C) (Ga) **R 145**

Homemade potato rösti, garden spinach, mushrooms, chakalaka hollandaise, poached eggs

Harvest Toast (E) (G) (M) (Ss) (Ga) (Sp) (V) **R 180**

Free-range organic eggs, smashed avocado, chilli, homemade spicy crunch, spring onion, cranberries, semi-dried tomatoes, locally sourced chevin

Locally Sourced Trout Bagel (G) (E) (Ss) (F) (Sp) (Mu) (M) **R 225**

Free-range organic scrambled eggs, whipped cream cheese, Three Streams smoked trout, bagel, petite salad, toasted sesame seeds, rooibos vinaigrette

Durban-Inspired Masala Omelette (E) (Ga) (M) (V) (Sp) **R 130**

Free-range eggs, peppers, onion, semi-dried tomatoes, baby spinach, mushrooms, cheddar cheese, coriander, house-blend spice, red chilli, kumquat atchar

Biltong and Baby Spinach Omelette (E) (Ga) (M) (N) (Sp) **R 135**

Free-range eggs, semi-dried tomatoes, baby spinach, mushrooms, basil pesto, biltong, cheddar cheese, caramelised onion, garden herbs

Breakfast Croissant (E) (Ga) (M) (Sp) (Mu) **R 125**

Free-range scrambled egg, streaky bacon, baby leaves, cheddar cheese

Full English Breakfast (E) (Ga) (M) (Sp) (Mu) **R 215**

Free-range eggs, streaky bacon, beef sausage, homemade baked beans, flash-fried mushrooms, semi-dried tomatoes

Full Garden foraged Breakfast (Ga) (Vg) (Sp) (Mu) **R 165**

Potato rösti, cauliflower scramble, semi-dried tomatoes, mushrooms, baked beans, baby spinach

If you have any specific dietary requirements or food allergies, please let your waiter know before placing your order. Our chef will be more than happy to adapt any of our dishes where possible.

(C) Celery (Cr) Crustacean (E) Eggs (F) Fish (L) Lupin (G) Gluten (M) Milk (Mo) Molluscs
(Mu) Mustard (N) Nuts (P) Peanuts (Po) Pork (Ss) Sesame (S) Soya (Sp) Sulphur Dioxide (V) Vegetarian (Vg) Vegan