



THE SPA

AT ULUSABA



aroma boma

WELCOME

We have two Aroma Boma spa treatment rooms, one in Rock Lodge and the other in Safari Lodge. Both are built to offer complete privacy and stunning views over the bush, so the only likely disturbance is perhaps the odd elephant wandering past.

Indulge in the rejuvenating and healing essence of Africa with Africology's ethical skincare products. Rooted in inspiration from the continent, their range features local ingredients like Rooibos, Aloe, Marula, and African Potato. Vegan-friendly, cruelty-free, and free from harmful chemicals, these products not only revitalize the skin but also prevent premature aging.



Africology goes beyond skincare, embodying an empowerment philosophy through fair trade practices and a commitment to community development in Africa. Their products are environmentally conscious, designed for reed-bed disposal to support conservation efforts.

During your stay at Ulusaba, experience the Aroma Boma with Africology products in our rooms. Take the essence of Africa home with you by purchasing these products for a continued indulgence in the Africology experience.

Treatments are not included in the room rates and are priced in South African Rand.

You can book an appointment before you arrive by contacting Reservations or on property by talking to one of our Beauty Therapists or a team member.

The treatment time stated includes a consultation, so please arrive on time for your treatment as in busier periods we will not be able to extend the session.

If you are unable to make your appointment, please let a member of the team know the day before, a 100% cancellation charge will apply for any appointments cancelled on the same day.

Please note that treatments are subject to availability and prices are subject to change without notice.



Safari Lodge Signature Treatment

STEP BACK IN TIME

90 min - R 2,300 | 90 min (couple) - R 4,400

This complete body experience is an anti-ageing solution that intensively hydrates the face and body with a massage, aroma steam and shower. The products used during this treatment are infused with Frangipani which helps reduce wrinkles and regenerate the skin. Anti-ageing is not only about application, but it's also influenced by your state of mind, so we use chakra oils and aromatherapy to highlight which energy centre in the body needs attention, ensuring this soulful treatment is a complete indulgence for the skin and a meditative journey for the mind.



Rock Lodge Signature Treatment

WELLNESS JOURNEY PACKAGE

90 min - R 2,300 | 90 min (couple) - R 4,400

Ulusaba Rock Lodge is uniquely placed on top of a koppie, or small mountain, made up of granite and quartz rock. This warm and cool stone treatment resonates with Rock Lodge perfectly as it's designed around the principle of geothermal therapy and uses warm basalt stones to relax, nurture and nourishes tight and stressed muscles, allowing deep heat penetration. This treatment begins with back, neck and shoulder massage using warm stones followed by pressure points reflexology on your feet using the warm and cool stones, this will assist in improving your blood circulation and eliminating your body's toxins.

PRIDE 'N PURPOSE

When you enjoy one of the below treatments at Ulusaba, 15% of the price will go to Pride 'n Purpose, Ulusaba's charitable arm. We also support Pride 'n Purpose's efforts with our 'Light of Hope' candle, which is an essential oil candle from the Africology range. By purchasing this candle, you are contributing to improving the lives of our local villagers. Each candle is priced at **R 610**, and 25% of the sale will be donated to Pride 'n Purpose. To find out more about Pride 'n Purpose's latest initiatives, please visit our website.

AFRICOLOGY: DEVOTION JOURNEY ®

60 min (couple) - R 3,400 | 90 min (couple + candle gift) - R 4,300

This is our couple's massage. It begins with the ceremonial lighting of a candle that symbolises the pledge of unity and love, followed by a full body massage.

AFRICOLOGY: SOUL OF AFRICA BODY JOURNEY ®

90 min - R 2,300

Africology admires and emulates this ceremonial process, using Africa's miracle Marula oil blended with Neroli to soften signs of ageing through its anti-stress action. This treatment begins with a back exfoliation followed by an application of warm, soothing mud to release tension stored in the muscles, whilst assisting the elimination of toxins in the body. Marula oil is then applied in preparation for your intuitive full body massage. In Africa, Marula is also used to treat sun-damaged skin as it improves skin hydration and helps fight free radicals.

AFRICOLOGY: INTONGA AMASATCHI MASSAGE ®

60 min - R 1,800 | 90 min - R 2,200

We know that the body has a memory of all emotional experiences. An inability to let go often expresses itself in the body, that can be blamed for low immunity. Intonga Amasatchi is a deep tissue and stress-relieving treatment. Skillful movements are performed with the hands, and differently sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress. Symbolically, the stick or staff represented wisdom and direction to the healer. Created from yellow wood, the traditional healer knew that the energy of earth was a valuable tool.

AFRICOLOGY: BESPOKE YOGA MASSAGE ®

90 min - R 2,100

Harnessing the powerful and tested knowledge of Indian yoga, this massage works with meridians of the body as well as the muscles. Pressure is used on meridian lines to activate the body's natural energy lines before limbs are stretched and massaged. Chakra points are also stimulated, and Africology's Bespoke Massage Oils are used to enhance the experience.

BODY CARE

Enhance your sense of complete relaxation by adding a luxurious steam shower experience to any of the treatments below, available for **R 300** individually or **R 500** per couple. Exclusive to Safari Lodge.

THE BESPOKE MASSAGE

45 min - R 1,300 | 60 min - R 1,700 | 90 min - R 2,100

Following a personalised consultation, your skilled therapist will meticulously select the ideal oils or balms to craft a bespoke massage experience tailored precisely to meet your unique needs.

LASTONE SOLE

45 min - R 1,100

Using warmed and cool stones on the feet's reflex points, as in reflexology this treatment will work on all the systems of the body, leaving you totally relaxed.

AFRICOLOGY: SKIN ADORATION WRAP ®

120 min - R 2,550

Your body experience starts with a full body scrub and mud application. Your therapist will choose one of the muds from our range specific to your needs. This process eliminates toxins while exfoliating lifeless skin cells. This treatment softens, soothes, and improves skin hydration; the warm herbal blend massage relaxes you on application, while the background sounds of Africa ensure a special way to help the mind focus on the holistic experience.

BODY CARE ENHANCEMENTS

Spoil yourself by complementing your massage with any of the following treatments, available for an extra R 350.

- LaStone therapeutic marble stone
- LaStone crystal facial therapy
- Mini facial

FACIAL CARE

Our facial treatments are meticulously crafted to provide a blissful escape, allowing you to unwind and embrace a journey of self-care. Immerse yourself in a sanctuary where expert therapists blend exquisite skincare techniques with premium products, tailored to cater to your unique skin needs.

AFRICOLOGY: EXPRESS FACIAL ®

45 min - R 1,250

Short on time? Elevate your skincare routine with our express facial, specifically designed to address your primary concerns.

AFRICOLOGY: AFRICAN GODDESS ANTI-AGEING FACIAL ®

90 min - R 2,050

When your primary focus is facial rejuvenation, but your body is also calling for tender loving care. Our treatment starts with a back and neck exfoliation followed by a muscular releasing massage, melting away any tension. We know that a stressed muscular system can place much gravity on the facial muscles; often resulting in sagging skin. This treatment is a wonderful ritual that involves a cleanse, massage, and sound therapy, making it a sacred and sensory way to celebrate the goddess within.

AFRICOLOGY: BESPOKE FACIAL ®

60 min - R 1,650

Indulge in a personalised experience as we customise the selection of skincare products based on your skin's individual requirements. Our comprehensive array of facial products awaits you, ensuring a tailored treatment that caters to your unique needs.

FACIAL CARE ENHANCEMENTS

Spoil yourself by complementing your facial with any of the following treatments, available for an extra **R 350**:

- Express manicure
- Express pedicure

We can also add a brow shape, for an additional **R 150**.

BEAUTY ESSENTIALS

AFRICOLOGY: INTONGA DETOX PEDICURE ®

60 min - R 850

Expertly designed to address swelling, fatigue, poor circulation, lymph build-up, and water retention. Experience the soothing touch of warm detoxifying oil accompanied by an Intonga stick massage, leaving your legs feeling both light and deeply hydrated. Ideal after a lengthy flight, this treatment concludes with a touch of colour.

Combine with the 'Africology: African Potato Manicure ®' for R 1,600

AFRICOLOGY: AFRICAN POTATO MANICURE ®

60 min - R 850

Pamper your hands and nails with the nourishing power of natural ingredients, ensuring optimal hydration and promoting flexibility and strength for your nails. Finishing with a touch of colour.

Combine with the 'Africology: Intonga Detox Pedicure ®' for R 1,600

EXPRESS MANICURE OR PEDICURE

30 min - R 470 | 60 min - R 900

Targeting your specific concerns, this express treatment focuses on the unique needs of your hands or feet. Concluding with a colour of your choice.

SHELLAC

60 min - R 850

A 14-day, non-chip, non-smudge manicure or pedicure with our unique hybrid formula, combining the best of regular varnish and flexible gel. Shellac offers UV resistance, maintaining a high-shine, high-gloss look that doesn't darken over time.

Combine with the a shellac removal for R 200, or separately for R 350

Ulusaba[™]

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