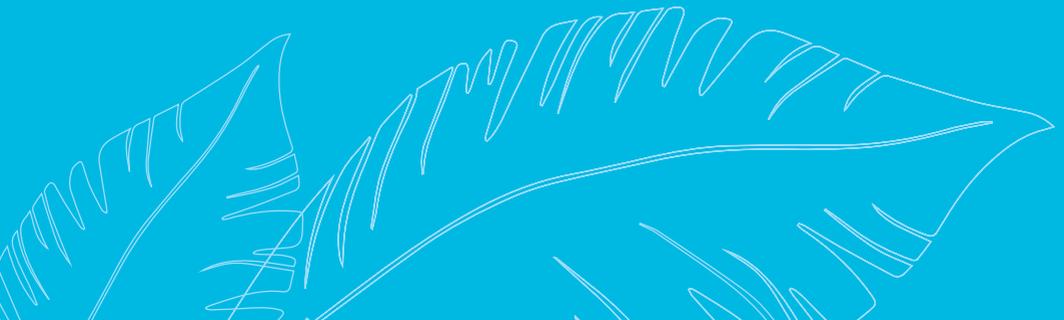
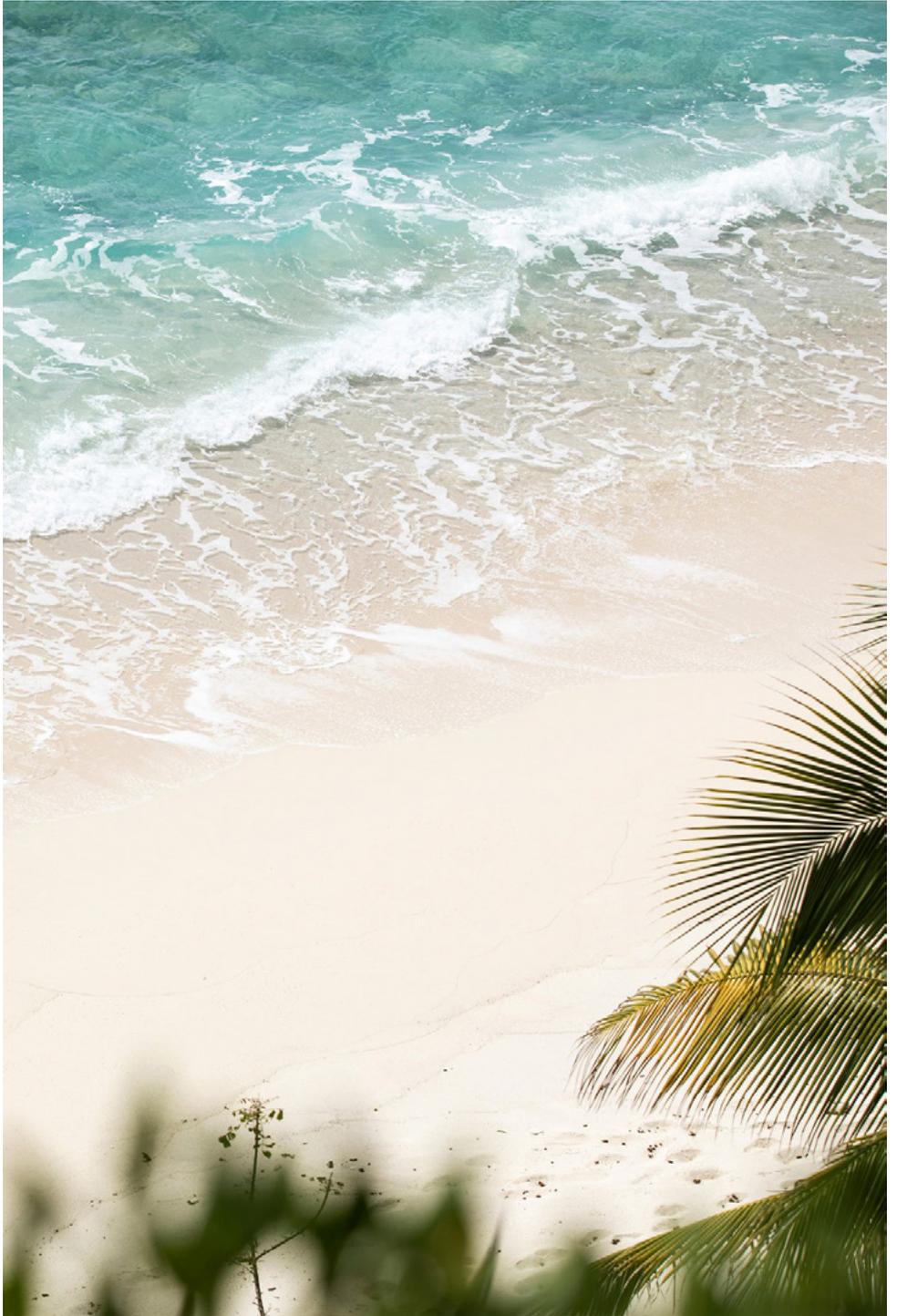


SAMUDRA SPA

NECKER ISLAND





SAMUDRA

Samudra (समुद्र) is a Sanskrit term for “ocean”, literally the “gathering together of waters” (sam – “gathering together” -udra “water”)

Samudra Spa is nestled between Red Dock and the Beach House, where the lush tropical landscape meets a white sandy beach with views out to sea. Whether you'd like to indulge in some much-needed self-care after an evening of partying in true Necker style, or recover from an energetic day full of activities, we've created the ultimate sanctuary for you to escape to for a total mind-body-soul reset.

All of our treatments can be tailored to your individual needs and made bespoke, so feel free to discuss with our Spa & Wellness team who will be around at breakfast and lunch. You can also reach out to any member of the team on island or call extension 2100 to book – or even better, get in there early and book before you step foot on island with our Reservations team.

All treatments are subject to availability. Treatments will be charged to your room upon booking. Please let us know a day in advance of your booking if you wish to cancel to avoid a 100% cancellation charge. Please be aware that in busy periods we will not always be able to extend your treatment time if you are running late, or reschedule you for another time.

Our spa operates a zero-tolerance policy in regard to inappropriate behaviour and we reserve the right to stop any treatment, at any time, should our staff feel uncomfortable. By booking a treatment, you agree to treat our staff with the same dignity and respect that they will always have for you.

BODY THERAPY

SAMUDRA SPA X SODASHI SIGNATURE MASSAGE

90 mins: \$320 | 60 mins: \$240 | 30 mins: \$120

Combining the healing power of touch with Sodashi's pure botanical essences, our signature massage, is a ritualistic experience that is totally unique. You can expect a completely personalised and holistic treatment, in which our therapists combine an organic yet intentional composition of anatomically-informed rhythms and intensities, alongside long, soothing strokes, detailed deep tissue work, and other techniques that are expertly tuned into the individual needs of your tissues, muscles and energy to provide total relief for your mind, body, and soul.

We encourage you to mix and match your massage with additional treatments, such as a facial, scalp treatment, scrub or mud wrap, to create a fully bespoke self-care journey.

SODASHI CRYSTAL CHAKRA BALANCE

90 mins: \$320

Deeply meditative, this experience brings your body's seven main Chakras into alignment through a fluid combination of massage, specific essential oil blends and healing crystals. Working subtly on the energetic body with profound effects, this truly unique experience clears tension and stagnant energy from your body, leaving you feeling calm and in a state of harmony.

SODASHI PERFECT SUMMER BODY

90 mins with salt scrub: \$320 | 60 mins with dry brushing: \$240

This ritual detoxifies, contours and revitalises your skin, starting with a lymphatic enhancing body brushing technique and invigorating massage, which targets cellulite. A mineral-rich warm clay mask is then applied to flush your body of accumulated toxins. After a warm shower, Sodashi's specialised contouring gel and lotion are applied for a firm beach body finish, leaving your skin toned and lustrous.

SODASHI JET LAG RECOVERY (FACE & BODY)

60 mins: \$240

Revitalise and alleviate fatigue with this post-travel ritual for your face and body. A journey of complete relaxation, a tension-relief back massage is followed with warm aromatic compresses and Himalayan salt exfoliation. A vitamin-rich Sodashi facial deeply hydrates and nourishes your skin for a visibly brighter, smoother complexion. Sodashi Jet Lag tonics are then applied to further clarify your mind and aid digestion.

SODASHI SUN SOOTHER

60 mins: \$240

Soothing, cool compresses with lavender and rosewood are gently placed on your skin to calm redness and irritation, followed by a spritz of Sodashi mist to reduce heat and comfort tender skin. A selection of luxurious treatment lotions are then applied to rejuvenate, repair and deeply hydrate your skin for a healthy glow.

SODASHI SOOTHE VANILLA SCRUB

45 mins: \$160

Rejuvenate your skin and soothe the mind and body with this full body exfoliation. Warm botanical oils are massaged into your skin, followed by a fragrant vanilla and sandalwood exfoliation to buff away dry skin and release any tension. After a warm shower, a vanilla body butter is applied to deeply nourish your skin and leave it glowing.

SODASHI REVIVE SALT SCRUB

45 mins: \$160

Invigorate your body and alleviate fatigue with this full body exfoliation. Warm soothing botanical oils are massaged into your skin, followed by a vitality boosting mineral-rich Himalayan salt scrub. After a warm shower, a hydrating body lotion is applied, leaving your skin soft and visibly radiant. This scrub is a wonderful post-travel treatment as it gently stimulates your body's circulation.

EMERALD COCOON MUD WRAP

30 mins: \$120

Invigorate and purify your skin with this circulation boosting mud wrap. A powerful mix of mineral and antioxidant rich clay with marine nutrients, cocoons your entire body to gently detoxify and nourish your skin. To complete the ritual, a hydrating lotion is applied to invigorate your senses and nurture your skin.

FLORAL COCOON MUD WRAP

30 mins: \$120

Enhance any treatment with the application of French pink clay and hydrating bioactives to your body. After a warm shower, you'll be left with hydrated, smooth and toned skin. Jasmine and rose moisturiser will then be applied to add that perfect glow.

SODASHI SCALP TREATMENT

15 mins: \$60

This treatment begins by using Sodashi's warm and aromatic foot compresses to relax and refresh aching feet. A luxurious and moisture rich Sodashi scalp mud is then massaged over your scalp to release any pressure and tension, and left on to deeply nourish your scalp. The mask is washed out to leave silky, shiny hair.

PRIVATE YOGA, MEDITATION & PERSONAL TRAINING

60 mins: \$240 | 30 mins: \$120

Lead by our very own team of fitness and wellness experts, this one-on-one experience allows you to customise your own yoga, meditation or fitness class based on your unique goals and needs. Our experts will focus on all the necessary modifications and progressions, paying particular attention to alignment and form, to inspire lasting shifts in both your body and mind.

FACE THERAPY

SODASHI CALMING FACIAL

60 mins: \$240

A beautifully calming treatment which soothes and nourishes overstimulated skin. Cooling mists and soothing aromatic gels will nurture your skin, while Sodashi's unique plant essence blends and herbal extracts strengthen capillaries and de-sensitise, leaving skin revived, with a calm and even complexion.

SODASHI MARINE RENEWAL FACIAL

60 mins: \$240

This facial revives dull or lacklustre skin with activated marine mineral ingredients for a beautiful glow. An abundance of youth-enhancing omega-rich botanical extracts are used to help promote even skin tone and enhance natural radiance for visibly brighter and smoother skin. Tailored to your exact skin type, it is the perfect pick me up for a tired complexion and helps to treat and reduce pigmentation.

SODASHI SAMADARA ULTIMATE AGE DEFYING FACIAL

90 mins: \$320

This facial uses a sequence of timeless, anti-aging techniques rooted in Ayurvedic healing traditions and is designed to reawaken and transform your skin. The treatment is intensely hydrating and nourishing, and firms, increases elasticity, corrects pigmentation, diminishes the appearance of fine lines and restores a youthful glow. A rose quartz crystal facial massage melts away tension and enables the powerful Samadara crèmes to penetrate deeply into your skin for maximum radiance.

STOP AND RELAX EXPRESS FACIAL

30 mins: \$120

This express facial treatment boosts your complexion with a facial cleanse, followed by Sodashi's unique exfoliating compresses, an aromatic mist and a firming gel mask. To finish, a nutrient rich moisturiser is applied.

SODASHI EYE LIFT & REVIVE

15 mins: \$60

A great addition to any body treatment, this is a quick and effective way to reduce puffiness and dark circles around your eyes, and soothe irritation or tension. Following gentle cleansing of the eye area, specialised massage movements and a skin firming eye mask will leave your skin looking and feeling lifted and toned.

NAILS

CARIBBEAN MANI

60 mins: \$200

Soothe your hands with a soak and scrub, followed by an indulgent hand and arm massage and topped off with a fresh polish and cuticle treatment.



BAREFOOT LUXURY

60 mins: \$240

Treat your feet to an indulgent foot soak and foot and leg scrub, followed by a foot massage and topped off with a fresh polish and cuticle treatment.

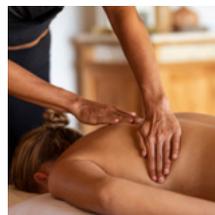


SHELLAC APPLICATION & REMOVAL

Shellac application 15 mins: \$40

Shellac removal 15 mins: \$20

We recommend adding our shellac polish to any manicure or pedicure. It's long lasting and instantly drying, so you can get back to the beach and feel the sand between your toes in no time.

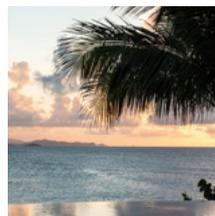


MANICURE OR PEDICURE

Express manicure 30 mins: \$100

Express pedicure 30 mins: \$120

In need of a quick fix? This manicure or pedicure will tidy up your nails in a flash with a file, fresh coat of polish and nourishing moisturiser to finish.



BEAUTY THERAPY

WAXING

Full leg 60 mins: \$100

Half leg 30 mins: \$50

Full bikini 60 mins: \$120

Bikini line 30 mins: \$60

Under arm 15 mins: \$40

Eyebrows 15 mins: \$30

Lip 15 mins: \$30

Chin 15 mins: \$30

TINTING

Tint test required 24 hours prior to treatment.

Eyelash tint 30 mins: \$50

Eyebrow tint 15 mins: \$30

Sodashi

Sodashi is a pioneer of clean beauty and aims to change the world one jar at a time, through hand crafted skincare products that are 100% vegan and cruelty-free. If you'd like to take a piece of your Necker Island spa experience home with you, the Sodashi range is available to purchase at the Samudra Spa.

