

# MONT ROCHELLE

SIR RICHARD BRANSON'S SOUTH AFRICAN  
HOTEL AND VINEYARD

## THE MONT ROCHELLE SPA

Welcome to the Mont Rochelle spa! We have worked with Africology to create a unique experience with signature treatments which are exclusive to us.

You will find Africology products in your room so feel free to try them throughout your stay. They are also available for purchase in the spa or you can just ask at reception.

**Our philosophy:** Tell us what is happening in your body and we'll design a treatment that responds to your specific needs!

### **More on Africology:**

Bespoke pampering experience, with a real health beneficial outcome. We use a range of products from Africology in our treatment rooms at Mont Rochelle. Africology's ethical skincare products capture the rejuvenating and healing essences of Africa, helping to revitalise the skin as well as prevent damage and premature ageing.



# MONT ROCHELLE

SIR RICHARD BRANSON'S SOUTH AFRICAN  
HOTEL AND VINEYARD

## GENERAL INFORMATION

You can book a spa appointment before your stay by contacting our reservations team or on property by asking a team member. Please note that prices are subject to change without notice. If you are unable to make your appointment please let a member of the team on property know the day before.

**A 100% cancellation charge will apply for any appointments cancelled on the same day.**

The treatment time stated includes a consultation, so please arrive 15 minutes before as during busier periods we will not be able to extend the session.

Please enquire at the spa about treatments safe for pregnancies.

*All spa treatments are subject to availability.*

# MONT ROCHELLE

SIR RICHARD BRANSON'S SOUTH AFRICAN  
HOTEL AND VINEYARD

## THE KUSASA PROJECT

We have selected a number of treatments which support the Kusasa Project. At least 15% of the treatment price will go to assist their work promoting academic, sporting and life skills for underprivileged children in the Western Cape. The project runs both regular and ad hoc programmes including breakfast clubs, feeding hundreds of children every morning during term time as well as organising football tournaments, field trips and assistance with homework. For more information visit [www.thekusasaproject.org](http://www.thekusasaproject.org)

## DEVOTION JOURNEY

This couple's treatment begins with a ceremonial lighting of a candle that symbolises the pledge of unity and love followed by a Swedish inspired full body massage with the use of an aromatherapy infused oil or balm depending on your specific needs.

**60 mins - R2,470 per couple**

# MONT ROCHELLE

SIR RICHARD BRANSON'S SOUTH AFRICAN  
HOTEL AND VINEYARD

## MASSAGES

### THE BESPOKE MASSAGE

A tailor-made massage focusing on your specific needs. Using shea aroma therapeutic balm or intuitive oil this Swedish inspired massage includes relaxing pressure points.

30 mins - R840

45 mins - R1,015

60 mins - R1,260

### MONT ROCHELLE "LITTLE ROCK" MASSAGE

A deeper pressured massage to relieve tension in the fascia structures of the muscles as well as relieving chronic muscular tension.

60 mins - R 1,470

*\*Please note all massages will focus on your back and legs only. Arms, décolleté, scalp and face are not included in any of the massages.*

# MONT ROCHELLE

SIR RICHARD BRANSON'S SOUTH AFRICAN  
HOTEL AND VINEYARD

## BEAUTY ESSENTIALS

### COPPER AND HOT STONE PEDICURE

A luxurious pedicure using an energy balancing copper bath followed by a full pedicure. Your treatment will include a massage with hot stones, reducing water retention and improving circulation. Finish with a nail enamel of your choice.

**60 mins - R685**

### AFRICAN POTATO MANICURE

This relaxing manicure is about treating the skin and nails naturally to keep them intensely hydrated and conditioned. The treatment will finish with a nail colour of your choice.

**60 mins - R685**

### EXPRESS MANICURE OR PEDICURE

For those that have less time available, we will work on your specific needs. This comprises of cuticle work and a nail enamel of your choice.

**30 mins - R370**

Add on's:

File, buff or paint

**15 mins - R170**

# MONT ROCHELLE

SIR RICHARD BRANSON'S SOUTH AFRICAN  
HOTEL AND VINEYARD

## SHELLAC

This is a 14 day non-chip, non-smudge manicure or pedicure. It is a hybrid between regular varnish and flexible gel. Shellac is UV-resistance and does not darken as it ages, so you'll have a high shine, high gloss look.

**30 mins - R685 (shellac treatment)**

**15 mins - R340 (add on to a treatment)**

**30 mins - R235 (shellac removal)**

## WAXING

Pricing upon request.

*\*Excluding facial and underarm.*