



nasaro

SPA TREATMENTS

We use a range of products from Africology in our treatment room.

Africology's ethical skin care products capture the rejuvenating and healing essences of Africa, helping to revitalise the skin as well as prevent damage and premature ageing. Africology prides itself on its roots, taking inspiration from home and using natural active ingredients including Rooibos, Aloe, Marula and African Potato. The entire range is vegan friendly, is not tested on animals and is free from harmful chemicals and perfumes.



The brand's empowerment philosophy is also apparent in its approach to social responsibility. Africology only practices fair trade and is always looking for new ways to help develop individuals and communities in Africa.



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GENERAL INFORMATION

All of our treatments can be tailored to your individual needs and made bespoke, so feel free to discuss with our Spa team. You can also reach out to any member of the team to book – or even better, get in there early and book before you step foot in the Maasai Mara, with our Reservations team.

Treatments are not included in the published rates and are priced in US Dollars (USD). Please note that prices are subject to change without notice. If you are unable to make your appointment, please let a member of the team know the day before.

A 100% cancellation charge will apply for any appointments cancelled on the same day. The treatment time stated includes a consultation, so please arrive on time for your treatment as in busier periods we will not be able to extend the session.



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SIGNATURE TREATMENTS

NASARO MISULI

60 mins - \$120 | 75 mins - \$150

Indulge in our signature deep tissue massage, a bespoke treatment that will release tension in every part of your body, leaving you feeling deeply relaxed and recharged with your stresses and strains dissolved away.

SOUL OF AFRICA

90 mins - \$160 | 120 mins - \$200

This experience starts with a full body exfoliation to prepare your skin for one of our all active body masks. After your body is cleansed, your skin is nourished with a herbal body oil, leaving your mind to drift away to the sounds of Africa.

DEVOTION JOURNEY

60 mins - \$220 | 90 mins - \$300 (includes a gift)

This couple's treatment allows you to reconnect to your partner and includes a full body massage with the use of rose quartz crystals. The 90 minute option includes a pressure point foot massage.



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MASSAGES

*Add a full body marula and walnut scrub
to any massage for \$30*

AFRICOLOGY SHEA AROMA THERAPEUTICS

60 mins - \$120 | 90 mins - \$180

Choose one of our soft shea balms from Ghana that are blended with African potato and rooibos. When massaged into your body, the balms deeply hydrate your skin, and the aromatherapy and scalp massage soothes your mind.

BESPOKE INTUITIVE HERBAL OIL MASSAGE®

30 mins - \$60 | 60 mins - \$110

Select one of our Africology massage oils with the help of our spa therapist to detox, energise and relax your muscles. The oil is massaged deeply into your body, focusing on mobilisation of joints, easing areas of tension and relaxing your mind.

NASARO CRYSTAL JOURNEY

90 mins - \$150

A gentle and warm rose quartz and amethyst crystal massage that releases pent up energy causing muscular stress. A beautiful way of balancing your body's energy to create optimum health and wellness.

ORINKA STICK MASSAGE

75 mins - \$150

This is the perfect treatment for those looking to relieve stress. Skillful movements are performed by hand, while different sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stresses.



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BALANCING SCALP AND LEG RITUAL

45 mins - \$80

This post-travel ritual is ideal for combatting fatigue, relieving stress and tension in your scalp, stimulating circulation, and invigorating your legs using coffee and mint - or the African potato wrap. This balancing treatment creates a hypnotic state of mind to encourage rest and relaxation.

REFLEXOLOGY

45 mins - \$100

Reflexology, or zone therapy, is the practice of controlled pressure on 'reflex zones' found in the feet with the goal of encouraging a beneficial effect on other parts of the body and for relieving symptoms of tension and stress.

AFRICOLOGY BESPOKE TREATMENT

60 mins - \$130 | 75 mins - \$150

Our bespoke treatments are the ultimate luxury experience. After a full consultation with your therapist, a tailor-made experience is created and includes a combination of body therapy or skincare to indulge in your every need. Simply choose your length of treatment time and allow us to intuitively work with your body and relax your state of mind.

Enhancements: A crystal massage or scalp massage can be added to your massage treatment for an additional \$20.



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FACIAL CARE

AFRICOLOGY BESPOKE FACIAL

60 mins - \$120

This wonderfully deep cleansing and rejuvenating facial looks at your skin holistically, working to maintain balance and a healthy radiance. Your treatment will include a thorough skin consultation, using therapeutic serums to treat skin conditions. Whilst your face mask is on, sit back and enjoy a foot massage.

AFRICOLOGY EXPRESS FACIAL

30 mins - \$50

This express facial is tailored to your skin needs and uses the Africology range.

EYEBROWS

\$10

Threading, tweezing or waxing techniques are used to shape your eyebrows.



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BEAUTY ESSENTIALS

AFRICAN POTATO EXPERIENCE MANICURE OR PEDICURE

60 mins - \$50 | 120 mins - \$100 (manicure and pedicure)

This relaxing remedy is about treating your skin and nails naturally to keep them hydrated, flexible and strong. An intensely hydrating African potato wrap, blended with natural antioxidants, is applied to ensure continued skin health and rejuvenate your hands and feet. While the wrap sinks into your skin, enjoy a shoulder massage.

If you require French polish, please let us know when booking as this will take an additional 15 minutes, charged at \$10.

EXPRESS TREATMENTS

30 mins - \$50 each

- A full body marula and walnut scrub
- A balancing scalp massage
- Relief back massage

WAXING

Waxing acts as a physical exfoliation that removes lifeless surface skin cells – meaning you are receiving hair removal and skincare all in one go for smooth, long-lasting results.

Bikini: Full \$30 | Line \$20

Legs: Lower or upper \$25 | Full \$40

Arms: Full \$25 | ½ \$15

Back: Full \$40 | Upper or lower \$25

Underarms: \$25