



We use a range of products from **Africology** in our treatment room.

Africology's ethical skin care products capture the rejuvenating and healing essences of Africa, helping to revitalise the skin as well as prevent damage and premature ageing. Africology prides itself on its roots, taking inspiration from home and using natural active ingredients including Rooibos, Aloe, Marula and African Potato. The entire range is suitable for vegans, is not tested on animals and is free from harmful chemicals and perfumes.



The brand's empowerment philosophy is also apparent in its approach to social responsibility. Africology only practices fair trade and is always looking for new ways to help develop individuals and communities in Africa.

You will find Africology products in your tent to enjoy during your stay, and available to purchase in the shop if you'd like to take the spa experience home with you.



GENERAL INFORMATION

Treatments are not included in the published rates and are priced in USD. You can book an appointment before your stay by contacting reservations or by talking to a team member when you arrive. Please note that prices are subject to change without notice. If you are unable to make your appointment, please let a member of the team know the day before. **A 100% cancellation charge will apply for any appointments cancelled on the same day.** The treatment time stated includes a consultation, so please arrive on time for your treatment as in busier periods we will not be able to extend the session. Thank you.

Safety Guidelines

- For the safety of both our spa therapists and guests, our spa therapist will be wearing a face mask during your spa treatment. Whilst this may well hide their smile, they will most certainly still have smiling eyes! We also require guests to wear a face mask during their spa treatment.
- Body treatments will no longer include your arms and chest area.



SIGNATURE TREATMENTS

NASARO MISULI

Indulge in our signature deep tissue massage. A bespoke treatment tailored to work into your tense muscles. This signature treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and recharged. Stresses and strains are dissolved away.

60 mins - \$110 USD

LAIBON'S HEALING JOURNEY

A gentle and warm rose quartz and Amethyst crystal massage that releases pent up energy likely to cause muscular stress. A beautiful way of balancing the body's energy centre to create optimum health and well-being.

90 mins - \$150 USD

BODY TREATMENTS

ORINKA STICK MASSAGE

A deep tissue and stress relieving treatment. Skillful movements are performed with the hands and different sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress.

60 mins - \$130 USD



BODY TREATMENTS

BODY EXPERIENCE

This experience starts with a full-body exfoliation to prepare the skin for one of our all active body masks; coffee and mint to invigorate, African potato for superior hydration and anti-ageing, or our Detox to stimulate and purify. To complete this body cleanse we nourish the skin with one of our herbal body oils.

45mins – \$90 USD

60mins – \$120 USD

BESPOKE TREATMENT

Our bespoke treatments are the ultimate luxury. After a full consultation with your therapist a tailor-made experience is customised, using a combination of body therapies and skincare techniques to indulge in your every need. Simply choose your length of treatment and allow us to intuitively work with your body and relax your state of mind.

30 mins - \$60 USD

45 mins - \$90 USD

60 mins - \$120 USD

REFLEXOLOGY

Reflexology, or zone therapy, is the practice of controlled pressure on 'reflex zones' found in the feet with the goal of encouraging a beneficial effect on other parts of the body and for relieving symptoms of tension and stress.

45 mins - \$70 USD



MASSAGE

SHEA AROMATHERAPEUTICS

Choose one of our easy melting Shea balms from Ghana, that are blended with African potato, Rooibos, and a selection of Lavender or ginger and cinnamon essential oils. When massaged into the body the balms deeply hydrate the skin while the aromatherapy and scalp massage soothes the mind.

45 mins – \$90 USD

60 mins – \$120 USD

BESPOKE INTUITIVE HERBAL OIL MASSAGE ®

Your therapist will help you select one of our Africology massage oils: relaxing, detox, energising or muscle relaxing. The oil is massaged deeply into the body focusing on the mobilisation of joints, easing areas of tension and relaxing the mind.

30 mins - \$60 USD

45 mins - \$80 USD

60 mins - \$100 USD

DEVOTION JOURNEY ® - couples experience

We have created a sacred space filled with divine intention, to enable you to share your spiritual journey with each other. Side by side we will work on your aching muscles, total relaxation for two.

60 mins – \$220 USD



EXPRESS TREATMENTS

Enjoy a 30 minute express treatment - \$50 USD each

- A full body marula and walnut scrub
- A balancing scalp massage
- Relief back massage

BEAUTY ESSENTIALS

AFRICAN POTATO EXPERIENCE ® MANICURE OR PEDICURE

This relaxing remedy is about treating the skin and nails naturally to keep them hydrated and therefore flexible and strong. An intensely hydrating African potato wrap, blended with natural antioxidants is applied to ensure continued healthy skin and to rejuvenate the hands and feet. While the wrap sinks into the skin, the shoulders are also massaged.

60 mins – \$50 USD

120 mins – \$90 USD (includes manicure and pedicure)

EXPRESS MANICURE OR PEDICURE

For those with a little less time on their hands (or feet)!

30 mins - \$30 USD

60 mins - \$50 USD (combined manicure and pedicure)