# SPA MENU



# MASSAGE THERAPY

60 minutes: 180CHF 90 minutes: 220CHF

### TRANQUILLITY MASSAGE

Unwind with a relaxing massage that will relieve your tensions and accumulated stress.

#### SPORTS MASSAGE

Deep massage techniques are used to energise and restore your body.

#### CANDLE OR HOT STONE THERAPY MASSAGE

A comforting massage experience where candles or hot stones are warmed up to calm any tensions in your body.

#### PREGNANCY MASSAGE

Take some time for you and your baby, with a gentle massage that will relax any body discomfort and reduce stress.

#### BAMBOO MASSAGE

This massage alleviates tension and has many therapeutic effects, such as reenergising your body. This massage can be both relaxing and/or invigorating.

# FACIALS

# 60 minutes: 200CHF 90 minutes: 250CHF

# HYDRAMEMORY FACIAL

Boosting radiance and hydration to your skin, the hydramemory facial is ideal for dehydrated skin and restores compactness, nourishment and luminosity while countering dehydration and premature aging.

# ACTIVE PURENESS FACIAL

A deep cleaning facial that reduces pores and prevents acne. Intense and delicate at the same time, it purifies and balances your skin, leaving it fresh and toned. Ideal for all skin types, including sensitive or dehydrated skin but particularly effective on impure, oily, or acne-prone skin.

### **REMEDY FACIAL**

Protecting delicate and hypersensitive skin, this facial calms skin discomfort, relieves neuroinflammation and reinforces your skin's defence. An ideal facial for sensitive skin or skin prone to redness and sun exposure.

### SUBLIME SKIN FACIAL

An anti-aging treatment that visibly restores firmness, elasticity and skin tone. This facial improves cellular renewal and illuminates your face, neck and décolleté. Particularly recommended for mature skin or skin with slightly uneven tones.

# COMBINATION TREATMENTS

#### SCRUB & MASSAGE PACKAGE

### 120 minutes: 320CHF

For a relaxing experience, enjoy both a body scrub and 90 minute massage of your choice.

#### FACIAL & MASSAGE PACKAGE

#### 90 minutes: 280CHF

For an experience that covers top to toe, enjoy a 30 minute express facial and a 60 minute massage of your choice.

### HANDS & FEET

SPA MANICURE - 100CHF SPA PEDICURE - 130CHF

SHELLAC MANICURE - 120CHF SHELLAC PEDICURE - 150CHF

# [comfort zone]

Comfort Zone is committed to being the best for the world and creating a good life for all through unique experiences. Its skincare products are high-end, clean and sustainable - and a result of 20 years of research.

