



WELLNESS

AT SON BUNYOLA

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# WELCOME

It's no surprise that wellness comes naturally to us, we're surrounded by nature here at Son Bunyola, making it the perfect place to unwind or be as active as you'd like.

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Whether you'd like to indulge in some much-needed self-care with a spa treatment, or want an energetic day full of activities, we've created a selection of wellness experiences for you to choose from during your stay.

Start your day with a yoga class on the terrace or book in for a couple's spa treatment using only natural ingredients made right here on the island. Soak up the spectacular scenery from one of the many walking trails and explore the UNESCO world heritage sights that Son Bunyola is lucky enough to call home. We've created the ultimate sanctuary for you to escape to for a total mind-body-soul reset.

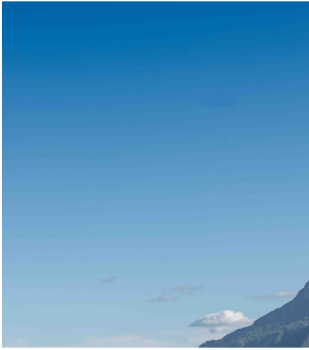
Whatever your wellness needs we can tailor everything and make it bespoke to you, so please just speak to one of our team who would love to help.

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*Treatments are not included in the room rates. Treatments in the villas have a 120 € surcharge.*

*If you are unable to make your appointment, please let a member of the team know the day before, a 100% cancellation charge will apply for any appointments cancelled on the same day.*

*Please note that treatments are subject to availability and prices are subject to change without notice.*





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## SPA TREATMENTS

We've created an intimate spa sanctuary for you to escape to for a total mind-body-soul reset. Located on the ground floor of the hotel you'll find two treatments rooms, including a couples' treatment room.

We are committed to nature and that's why we've teamed up with local spa specialists Gaia Natural Products to create a wide range of treatments using only natural ingredients. All the products are made on the island, using locally grown flowers, herbs, salts and locally produced olive, almond and sunflower oils.

All our treatments can be tailored to your individual needs and made bespoke depending on the needs of your body, so feel free to chat with one of our wellness therapists. You can also reach out to any member of the team or call extension 100 from your room to book directly – or even better, get in there early and book before you arrive with our Reservations team.

Please arrive at least 10 minutes before your appointment so you can start relaxing. The indicated duration of your treatment always includes a consultation.

Finally, please leave your phone on silent in the wellness area.

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## THE CLASSICS

Experience pure luxury with our newest selection of spa treatments. The classics aim to melt away all your tension, leaving you feeling like royalty

### TRAMUNTANA MASSAGE

60 min - 165 € | 90 min - 225 €

With a mix of classic techniques, stretching, and deep tissue pressure, this massage is perfect for relieving muscle tension and restoring balance to the body. You can customize the intensity of the pressure to your liking.

### NECK & SHOULDER MASSAGE

45 min - 115 €

Our expert massage therapist will give you a deep tissue massage that focuses on the pressure points on your neck and shoulders, followed by a gentle stretch to relieve tension. You'll leave feeling like a new person.

### BACK MASSAGE

45 min - 115 €

Say goodbye to back pain and hello to total relaxation. Our expert masseuse will work her magic with decontracting methods to free your back from any tension.

## Our Signature Treatment



### THE MAGIC OF THE OLIVE TREE

120 min - 290 €

Experience the pinnacle of indulgence with our signature spa treatment at Son Bunyola. Inspired by the bountiful olive tree, this luxurious ritual harnesses the essence of its fruits and leaves for a truly rejuvenating experience. A blend of virgin olive oil, finely ground bone powder, and infused leaves come together to gently exfoliate, deeply nourish, and revitalize the skin, leaving you with a radiant and luminous complexion.



## BODY TREATMENTS

These body treatments have been designed with total restoration and relaxation in mind, created to help revive muscles, joints and skin. The goal is to take you on a journey through the senses.

### HYDRATION COCOON

60 min - 165 €

If your skin needs nourishment and hydration, this is the treatment for you. Thanks to the healing and anti-inflammatory effects of aloe vera, it activates cell regeneration and leaves the skin rehydrated, soothed and elastic. This treatment combines camphor and peppermint in a relaxing massage, leaving the skin deeply hydrated.

### JUST RELAX

60 min - 165 €

Enjoy a moment of pure relaxation and disconnection. This relaxing massage is based on locally produced almond oil, leaving your skin soothed and feeling exceptionally soft.

### OH MY LEGS

60 min - 165 €

This treatment has been specifically developed to relieve tired legs and feet. After an exfoliation with scented tangerine salts, combined with cocoa butter, a pressure point massage will relieve tense muscles and tired feet. The goal of this treatment is to total rejuvenation.

*Combine with the 'Rice Secret' facial for a 15% discount*

### RICE FOR HAPPINESS

80 min - 195 €

This experience combines rice, bamboo and jasmine extracts that, together, tone and hydrate the skin. It's the perfect way to prepare your skin for the sun. Recommended for all skin types, especially mature skin.

*Combine with the 'Rice Secret' facial for a 15% discount*

### ROSE DELIGHT

80 min - 195 €

Inspired by ancient Moroccan rituals, discover the rejuvenating power of the rose in its different states. This treatment begins with a very gentle body scrub of almonds and roses, followed by a full body massage.

*Combine with the 'Rice Secret' facial for a 15% discount*



## FACE THERAPY

Indulge in a rejuvenating facial treatment, using only the finest products we can leave your skin feeling refreshed and glowing. Relax in the tranquil atmosphere and let us take care of the rest.

### ABSOLUTE ROSE

60 min - 185 €

All the powers of the rose are concentrated in this facial. Start with a gentle cleanse with rose water, followed by exfoliation. This is followed by a facial massage with essential oils and an oatmeal and rose mask with regenerating and moisturizing properties. Finally, a serum will be applied to give luminosity and brightness to your face.

### RICE SECRET

60 min - 185 €

Treat your face to a sensual experience that revolves around the natural benefits of rice. The treatment consists of a gentle exfoliation with very fine grains of rice and bamboo, followed by a regenerating mask and a massage with rice oil serum. Your skin will regain its natural balance and radiance.

## Our Signature Treatment



### THE MAGIC OF THE OLIVE TREE

60 min - 185 €

Introducing our exclusive facial treatment, an elevated rendition of our renowned signature spa experience. This facial indulgence seamlessly blends the natural goodness of the olive tree with the rejuvenating power of natural hyaluronic acid extracted from aloe vera. Enhanced by a skillful massage designed to stimulate skin cells, this treatment not only tones the face but also significantly diminishes signs of stress. Revel in the ultimate pampering as your skin radiates with a renewed and revitalized vibrancy.



## NAILS

Looking for a way to pamper yourself? Step into our spa and treat yourself to a luxurious nail treatment. Starting from a cleanse to the last coat of polish, you will leave with your hands and feet looking fabulous.

### MANICURE

60 min - 80 €

Soothe your hands with an immersion bath and exfoliation. Next, the nails will be filed, the cuticles treated, a coat of polish will be applied, and finished with an indulgent hand and arm massage.

### PEDICURE

60 min - 90 €

Enjoy a nice foot bath, exfoliation and massage, followed by a coat of nail polish.

### GEL REMOVAL

30 min - 55 €

Remove gel polish before manicure or pedicure.







SON BUNYOLA

[www.sonbunyola.com](http://www.sonbunyola.com)



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EDITION