



# MASSAGE THERAPY

60 mins 180 CHF

90 mins 220 CHF

## TRANQUILITY

Unwind with a relaxing and intuitive massage that will relieve your tensions and accumulated stress.

#### DEEP TISSUE

Deep massage techniques are used to energise and restore your body.

## PREGNANCY

Take some time for you and your baby, with a gentle massage that will relax any body discomfort and reduce stress.

#### REFLEXOLOGY

A specialised foot therapy that balances your energy, detoxifies, boosts circulation, and revitalises your entire body.

# FACIALS

60 mins 200 CHF

90 mins 250 CHF

## HYDRAMEMORY

Boosting radiance and hydration to your skin, the hydramemory facial is ideal for dehydrated skin and restores compactness, nourishment and luminosity while countering dehydration and premature aging.

## ACTIVE PURENESS

A deep cleaning facial that reduces pores and prevents acne. Intense and delicate at the same time, it purifies and balances your skin, leaving it fresh and toned. Ideal for all skin types, including sensitive or dehydrated skin but particularly effective on impure, oily, or acne-prone skin.

#### REMEDY

Protecting delicate and hypersensitive skin, this facial calms skin discomfort, relieves neuroinflammation and reinforces your skin's defence. An ideal facial for sensitive skin or skin prone to redness and sun exposure.

#### SUBLIME SKIN

An anti-aging treatment that visibly restores firmness, elasticity and skin tone This facial improves cellular renewal and illuminates your face, neck and décolleté. Particularly recommended for mature skin or skin with slightly uneven tones.

# COMBINATION TREATMENTS

#### FACIAL & MASSAGE 60 mins | 230 CHF

For an experience that covers top to toe, enjoy a 30 minute express facial and a 30 minute massage of your choice.

#### FACIAL & MASSAGE 90 mins | 280 CHF

For an experience that covers top to toe, enjoy a 30 minute express facial and a 60 minute massage of your choice.

# BODY & SOLE 80 mins | 220 CHF

A 60 minute soothing full body massage, complemented by a 20 minute foot reflexology treatment. The ultimate indulgence for your body, from head to toe.

# [comfort zone]

Comfort Zone is committed to being the best for the world and creating a good life for all through unique experiences. Its skincare products are high-end, clean and sustainable - and a result of 20 years of research.



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