

Necker Island Spa Treatment Menu 2012

'Leha Leha' is the Balinese phrase meaning peace, relaxation, day-dreaming and an empty mind – a perfect way to describe our spa treatments.

We use Aromatherapy Associates skincare range which is exclusive to Necker Island in the British Virgin Islands.

AROMATHERAPY ASSOCIATES

ESSENTIAL WISDOM. ESSENTIAL OILS.

Aromatherapy Associates has been at the forefront of aromatherapy for over 30 years. **They say:** "From the beginning we have believed passionately in the healing powers of natural plant extracts, and our experience as therapists has shown us that essential oils are highly effective in enhancing the state of our physical, mental and emotional wellbeing."

All of the facials and body treatments on the menu are Aromatherapy Associates, hand picked by them and us for the most suited to Necker. The menu is designed so that all treatments are listed but explanations are brief as once on Necker the Spa team will be delighted to tailor the correct treatment for your individual needs.

GENERAL INFORMATION

- Treatments are not included in the normal rates and are priced in US dollars
- You can book an appointment before you arrive by contacting Reservations, or on island by speaking to one of our Beauty Therapists or team members
- If you are unable to make your appointment please let a member of the team on property know the day before. A 100% cancellation charge will apply for any appointments cancelled on the same day. Thank you
- Treatment times shown indicate total booked time. Your treatment will finish five minutes short of this time so that your therapist can prepare for the next client. Please be on time for your appointment as during busy periods minutes missed due to a late arrival cannot be added to the end of a treatment.
- We can also arrange for Yoga on request for an additional charge

Please feel free to ask any questions you may have with our reservations team, or alternatively, ask us when you get here!

FACIALS

ULTIMATE AA FACIAL - Time 60 min | \$200

A bespoke facial, designed to suit your individual skin needs,

AGE REPAIR FACIAL – Time 90 min | \$270

An intensive treatment for ageing skin which delivers instant visible results.

ESSENTIAL ROSE FACIAL – Time 60 min. | \$200 (with back massage 90 min | \$290)

Luxurious rose oils help condition the skin and deeply nourish. Perfect after spending a day in the sun!

If you would like some extra touches you can add on these Instant treatments for an additional \$80

ENRICHING SCALP & HAIR REPAIR – Time 30min | \$80

Richly scented essential oils are massaged into the hair, releasing tension, conditioning the scalp and leaving hair super-shiny, glossy and nourished.

INSTANT EYE REPAIR - Time 30 min | \$80

Specialised massage techniques improve micro-circulation and drainage, helping to reduce puffiness, whilst the natural plant extracts and oils work to leave the eyes fresh, bright and youthful.

WELLBEING TREATMENTS

DREAMCATCHER – Time 60 min | \$180

For those who are in need of a good night's sleep...

JET LAG CURE - Time 90 min | \$260

A treatment for weary travellers to get you back on track when you're feeling fuzzy, tired and sluggish.

IMMUNE RECOVERY - Time 60 min \$180

Cleansing, clearing and decongesting, this upper body treatment helps clear the mind and support the immune system

ROSE INDULGENCE – Time 90 min | \$260

Working on all aspects of stress within the body and mind, completed with a hydrating mini facial and deeply relaxing scalp massage

MASSAGE

■ RELAXES ■ DE-STRESSES ■ REVIVES
■ SUPPORTS ■ ENRICHES ■ RENEWS

ULTIMATE AA EXPERIENCE - Time 60 min | \$180

This hero treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and re-charged.

PREGNANCY MASSAGE – Time 60 min | \$180

For the mother to be, specially adapted massage techniques using a blend of oil that can be used in pregnancy.

DESTRESS MUSCLE RELEASE – Time 60 mins | \$210 / 90 mins | \$300

An intensive massage that works deep into stiff, tight, aching muscles, to instantly release pain and tension.

ESSENTIAL BACK, FACE & SCALP – Time 60 min | \$180

This customized face and body treatment experience has been designed to target the areas most affected by stress using a de-stressing oil to calm the mind or release muscle tension

LAVA BAMBOO – Time 60 min | \$210 / 90min | \$300

Lava Bamboo delivers a deep massage with ease using a unique combination of eastern traditions

Additional Massages

- Balinese Massage 60 min | \$210 / 90 min | \$300
- La Stone Massage 30 min | \$105 / 60 min | \$210 / 90 min | \$300
- Necker Four Handed Massage 60 min | \$390 (subject to availability)
- Lava Shell Massage 30 min (back and legs only) | \$100 / 60 min | \$200
- Sports massage 60 min | \$200 / 90 min | \$300
- Reflexology 60 min | \$180

BODY

LAVENDER AND PEPPERMINT STOMACH SOOTHER – Time 60 min | \$180

Ideal for those who need a stomach soother. Experience this dual action non- invasive colonic treatment to treat both the internal digestive system and the tone of the skin with a intense stomach massage

SCRUB UP – Time 30 min | \$90

A relaxing all over exfoliation and layering of richly nourishing products, to leave the skin looking radiant and feeling wonderfully smooth.

INTENSE NOURISHMENT – Time 60min | \$180

A deep treatment for dry, devitalised skin, to leave the whole body intensely nourished and smooth. Includes a coffee and frankincense scrub, followed by the layering of hydrating marine algae, aloe and a velvety moisturising body butter.

ESSENTIALS

We use OPI products for hands and feet

Luxury manicures and pedicures – Time 60 mins | \$80

The ultimate pampering for hands and feet, every whim will be catered for to include re shape, cuticle work, exfoliation, and a massage.

Express manicure and pedicure – Time 30 mins | \$45

A quick tidy up and polish for those keen to get back to their sun lounger!

- Eyelash Tinting – prices from \$30-60
- Eyebrow shape \$25
- Waxing – Prices from \$30- 90

Pilates

- Available on request, \$240 for up to 3 people.
- Additional persons \$80 up to a maximum of 8.

Please speak to a member of the team on Island and we will happily discuss catering for larger groups should you require.

ESSENTIALS (continued)

Hairdressing - From \$50

Available on request as an in-room service. Please speak to member of the team upon arrival

Mission Possible – Virgin Unite, The Virgin Group's Entrepreneurial Foundation

Where the money goes....

All funds raised by the Virgin group will provide support and opportunities for young people by working in partnership with inspiring frontline partners including Foyer, Kid's Company, Rathbone and Youth at Risk. From now until April 2012 when you buy a spa treatment from the collection below at the Leha Spa on Necker Island 15% of the purchase price will go to the overall fundraising efforts.

ABSOLUTE LEHA LEHA – Time 5 x 60 mins | \$800

The ultimate for every spa junkie... Enjoy an hour a day for five days from the choice of the 180USD treatments on the menu. If you wish to upgrade to a longer treatment on the menu, a supplement will apply.

THE COOL FACTOR – Time 60 min | \$180

Fresh aloe and mint body wrap and a hair treatment whilst you relax... what more could you ask for?! Perfect for sunburnt skin.

THE OVER INDULGENCE – Time 90 minutes | \$260

If you have over indulged we have the solution. Lie back and relax with this fresh and awakening treatment to detox

DUOS IN PARADISE – Time 60/90 minutes | \$360/\$540

Relax and enjoy knowing your partner is next to you, having the same ultimate AA experience