
THE LODGE SPA

After an active day on the mountain, why not relax your muscles and unwind with a treatment in The Lodge Spa in the capable hands of our resident beauty therapist?

Facial Treatments

Le Grand Classique: Yonka's exclusive treatment for deep cleansing, restoring and refining. This relaxing facial is tailored to your skin type and uses a variety of botanical extracts for a healthy and radiant complexion. **75 mins / 160 CHF**

Escale Beauté: Surround yourself with fresh aromatic fragrances, restore energy and give your skin a restful appearance with this relaxing facial. **45 mins / 120 CHF**

Hydralescence Visage: A deeply hydrating facial using plant and fruit extracts to smooth and soften the skin allowing its natural radiance to show through. **60 mins / 150 CHF**

Plaisir d'Aromes: A totally pampering experience using fruit extracts to oxygenate the skin, as well as a relaxing massage and an aromatic mask to provide a sense of total wellbeing. **60 mins / 150 CHF**

Éclat Contour: Specialised eye treatment that will regenerate, drain and firm this delicate and neglected area. For maximum benefit this treatment is best combined with one of the above facials. **30 mins / 80 CHF**

***NB: Gentlemen:** To gain the maximum benefit from your facial, please shave prior to your appointment.*

For Him

Sensational Shave: The ultimate treatment for men: A close shave using hot and cold towels to soften the hair and soothe the skin, followed by a relaxing face and scalp massage. **60 mins / 130 CHF**

Skin Fitness: A made to measure deep cleansing and detoxifying facial. The skin cleansing phase is followed with a long relaxing aromatic massage. Ideal for stressed, imbalanced or city skins. **60 mins / 150 CHF**

Body

Enrich Body Treatment: Nourish the body and soul with this luxurious wrap designed to rejuvenate dry skin. An intensive salt and coffee body exfoliation stimulates the circulation whilst removing dead skin cells. Your body is then layered in hydrating marine algae and massaged with a blend of nourishing plant oils. The skin is then protected with velvety moisturising body butter. **90 mins / 180 CHF**

Anti-Cellulite Treatment: A wake up call for legs, bums and tums! Begin with a brisk body brushing to wake up your skin followed by a specially designed deep tissue detox massage targeting stubborn areas of cellulite. You'll be wrapped in freshwater mud to firm and tone the skin, while a foot reflex massage encourages the release and elimination of toxins. **75 mins / 150CHF**

Citrus Detox Reviver: A powerful detox treatment! A stimulating exfoliation is followed by a citrus oil and gel massage to release unwanted toxins, leaving you feeling cleansed from the inside out. Ideal to compliment a detox or healthy eating program, or a great pick me up for those feeling lethargic. **60 mins / 130 CHF**

Rose Hydrating Cocoon: Lie on a bed of roses and deeply moisturise your skin. Rich oils and creams of Damask Rose are smoothed into freshly exfoliated skin leaving it glowing. A scalp massage completes this pampering experience. **60 mins / 130 CHF**

Auto Bronzant: Sunless Tanning. A gentle exfoliation using finely ground olive pits prepares the skin for an even application of YonKa's tanning milk for a natural and healthy glow. **60 min / 130 CHF**

Aromatherapy Massage: A combination of specialised massage techniques using Aromatherapy Associates pre-blended oils. This treatment releases tension held in every part of your body leaving you feeling deeply relaxed and recharged.

Face and scalp massage	20 mins / 60 CHF
Back, neck and scalp	30 mins / 80 CHF
Full body massage	60 mins / 150 CHF
Full body, face and scalp massage	90 mins / 180 CHF

Aromatherapy Associates are leaders in the world of aromatherapy using natural ingredients to improve the skin's appearance and bringing the mind and body into balance. To continue the effects of your Aromatherapy treatment at home, we have a selection of Bath and Shower oils to suit your mood.

Thermo-Therapy (LaStone®)

Thermo-Therapy: Both hot and cold basalt stones were in use centuries ago for massages in China and India as well as by Native American Indians! Alternating the temperatures of the stones on the body literally melts away any tension, re-energising the mind, body and soul.

Original Body: This is a truly luxurious full body massage using basalt and marble stones to achieve the body's perfect balance. A flowing river of stones gently connects with your energy centres whilst warming and nurturing the soul. **75 mins / 160 CHF**

Back Bliss: Loosen up the muscles of the back and feel the cold stones literally melt away the tension in the shoulders and lower back. **45 mins / 100 CHF**

Crystal Mud Cocoon: The ultimate in luxury! A deeply relaxing and holistic wrap with the healing ingredients of Rose Quartz Crystal and Hungarian Wellness Mud. These two natural sources work in synergy with the hot and cold stones to physically and emotionally nourish the body. **75 mins / 150 CHF**

Castle Building: Sometimes simplicity is what is called for. This gently relaxing, oil-free treatment uses the medium of stones to envelop the body, encouraging the release of blocked energy channels and promoting wellbeing for the mind, body and soul. For total relaxation this treatment can be combined with one of our YonKa facial treatments. **45 mins / 90 CHF**

Ski Stone

Wake Up: The aim of this treatment is to increase mobility and wake up the circulation helping to fuel the muscles and relieve stiffness in preparation for the day ahead. This treatment focuses on the legs. **30 mins / 80 CHF**

Après Ski: Designed to help stretch out the muscles after a day on the slopes using a combination of warm and cool stones. Aimed at removing lactic acid, relaxing the body and preventing the onset of muscle soreness. Treatment can be personalised to work on areas of concern. **30 mins / 80 CHF**

Relief for hands and feet

Luxury Pedicure: Paradise for the feet... After a long day on your feet indulge them with some of nature's most soothing botanicals to restore soles with refreshing and re-energising properties. **60 mins / 90 CHF**

Luxury Manicure: A luxurious step to more beautiful hands using a system that exfoliates, revitalises, renews and protects the hands. **45 mins / 75 CHF**

Renew: A basic tidy up for the fingers or toes, with your choice of conditioning OPI nail colour to finish. **30 mins / 35 CHF**

The Essentials

Waxing

Full leg	45 mins / 80 CHF
Half leg	30 mins / 50 CHF
Bikini	15 mins / 30 CHF
Underarm	10 mins / 25 CHF
Facial	15 mins / 20 CHF
Chest or back	30 mins / 70 CHF



THE LODGE
V E R B I E R
SIR RICHARD BRANSON'S
MOUNTAIN RETREAT

Eye Lashes and Eyebrows

Brow shape	20 mins / 20 CHF
Lash tint	20 mins / 25 CHF
Brow tint	15 mins / 25 CHF
Lash & brow tint	30 mins / 40 CHF

NB: Patch tests are required for all eyelash and eyebrow tints at least 24 hours prior to treatment

General Information

Treatments are not included in the normal rates and are priced in Swiss Francs. You can book an appointment before you arrive by contacting Reservations, or on property by talking to our Beauty Therapist or team members when you arrive. Please note that prices are subject to change without notice. If you are unable to make your appointment please let a member of the team on property know the day before. A 100% cancellation charge will apply for any appointments cancelled on the same day. Thank you.

Heavens Angels - Virgin Unite

BE AN ANGEL. Buy a Spa package from our Heaven's Angels treatment list!

Over 16,000 people die each day in sub-Saharan Africa from preventable and treatable diseases because they live in areas where aid cannot reach them.

Virgin Unite, Virgin's charitable arm, is raising money for the 'Heavens Angels' project to buy motorbikes for trained medical workers in sub-Saharan Africa so they can reach thousands of people who may otherwise die unnecessarily. In aid of this charity, we have devised these 'Heavens Angels Spa Packages' whereby 15% of the money from treatments sold helps to raise funds for this worthy cause.

Swiss Chocolate Heaven Facial: Great for all skin types and chocolate lovers! This delicious and relaxing facial has been specially developed using the raw material of Swiss chocolate combined with oxygen to provide vital energy for the skin. It's all the pleasure of chocolate, while staying slim. **60 mins / 140 CHF**

Angel Face: Enjoy a back massage using the deep, tension melting effects of relaxing Aromatherapy oils, followed by one of our facials. **90 mins / 200 CHF**

Angel Steps: Kick back, relax and revive your feet with a foot scrub and pressure point massage followed by a relaxing YonKa facial and scalp massage. **90 mins / 190 CHF**

Boot Heaven: An invigorating wake-up call for tired feet. After the feet have been soaked in a hot stone foot bath, a refreshing cooling foot gel is massaged into the soles before they are wrapped in a hydrating menthol mask. **30 mins / 50 CHF**

For Him

Smooth Angel: The Sensational shave: a close shave using hot and cold towels, followed by a relaxing back, neck and shoulder massage. **75 mins / 200 CHF**