

# SKI SPAS

## Post-piste pampering

### THE LODGE

#### Verbier, Switzerland

It's hard to get that mix of glamorous and cosy right, but Sir Richard's super-chalet is the glossiest and most comfortable spot in Verbier. Rent it with friends and leave your shoes by the door, because this is a pad for padding about in slippers. There are nine beautiful bedrooms (including a bunkroom for little ones) and the staff are on the money – totally charming and informative. This is skiing as it should be: homemade croissants for breakfast, boots waiting on heated racks and your own private spa with pool, gym and indoor and outdoor hot tubs. Kat, the therapist, is a master of massage. Pick the thermo-therapy hot-stone treatment before you set out to wake up muscles, and then another when you creak back in – there's no surer way to vanquish stiffness. It feels incredibly spoiling to have a spa of this league all to yourself. Better book in quick.

**Website** [thelodge.virgin.com](http://thelodge.virgin.com) **Book it** Carrier (tel: 0161 491 7670) offers seven nights from £3,155, based on 18 guests sharing, full board, including flights.



### ALPAGA

#### Megève, France

How many more chic little ski chalets can they fit into Megève? Just when you thought Jocelyne Sibuet had flooded the market with Le Lodge Park and Les Fermes de Maries, in swoops fresh competition, with not a beam of knotted pine, Alpine twiddle or heart-shaped carving in sight. This new scenester, with its lantern-lit terrace, cream suede sofas and funky music, will be stealing the show this season. Stay in one of the polished rooms or six chalets – either way you have access to the bright and bijou spa. Weary muscles will love soothing massages, and wind-bashed skin will emerge calm and rosy from a Comfort Zone facial. **Website** [lodgemontagnard.com](http://lodgemontagnard.com) **Book it** W&O Travel (tel: 0845 277 3325) offers seven nights from £1,150, including flights, transfers and breakfast.



### CHEVAL BLANC

#### Courchevel, France

So decadent there's a danger you may tip into sensory overload. Not just because the views of Courchevel 1850 are right there, or that the minimalist spa is soothed by chromatherapy (mood-enhancing colours) or that the indoor infinity pool sparkles beside a gargantuan fireplace, but because everything screams 'touch me' (cowhide chairs and fur throws). No wonder the St Tropez set decamp here in ski season to lie on heated beds by the pool – it's like staying in an alpine Tom Ford movie (he's a regular). Famed Parisian coiffeur John Nollet offers blowdries, post-piste or even pre-piste in this fantastical high-net world. Try the anti-wrinkle Black Algae facial, then be beautified by a Givenchy make-up artist, before decamping to the Mongolian yurt for serious party action. **Website** [chevalblanc.com](http://chevalblanc.com) **Book it** Seasons (tel: 01244 202000) offers seven nights from £4,880, half board, including flights.

