

# ASOUNFOU

## ASOUNFOU – KASBAH TAMADOT'S SPA

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The Spa at Kasbah Tamadot is named 'Asounfou' from the Berber word meaning relaxation. Treat yourself to a traditional Moroccan-style Hammam or a Moroccan Rose experience. Arrive early at Asounfou and try a traditional Moroccan herb-infused drink by the pool just to get you in the mood!

### General Information

Treatments are not included in the normal rates and are priced in Moroccan Dirham. You can book an appointment before you arrive by contacting Reservations, or on property by talking to one of our Beauty Therapists or team members when you arrive. Please note that prices are subject to change without notice. If you are unable to make your appointment please let a member of the team on property know the day before. A 100% cancellation charge will apply for any appointments cancelled on the same day. Thank you.

The use of the sauna is free of charge. The use of the Hammam room is free, however Hammam treatments are charged. Check with Reception for the times when the paid-for services are available.

Gratuities are left at your own discretion.

## ASOUNFOU HAMMAM

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Kasbah Tamadot's Signature Treatment

### The Moroccan Experience

Deep cleanse, purify and soften the skin with this treatment based on the traditional weekly Moroccan cleansing ritual. Traditionally families would visit the public baths together for this.

Spend time relaxing in our beautiful Hammam while a traditional soap derived from black olives is applied. This special exfoliation technique will leave your skin feeling soft and renewed. We do recommend that you relax with a herbal infused tea or enjoy one of our massages to get the best results from your treatment. Please wear swimwear for this treatment. **600dh**

*The products used during the treatment can be purchased after your experience:*

<i>Black Soap-Savon Beldi with olive oil and eucalyptus</i>	<b>250g</b>	<b>150dh</b>
<i>Volcanic clay mask-Ghassoul for hair and body</i>	<b>250g</b>	<b>150dh</b>
<i>Exfoliation glove</i>		<b>60dh</b>

 **LIMITED EDITION**

## NECTAROME AROMATHERAPY

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We use Nectarome Hammam products based on old Moroccan recipes from this weekly ritual which are sourced from the foothills of the high Atlas Mountains in Morocco's first Aromatherapy gardens, where regional herbs and plants are used to produce Aromatherapy products. Nectarome is based in an organic aromatic garden (Le Jardin Bio-aromatic de L`Ourika) in a valley near Marrakech. To enrich these products with therapeutic qualities, Nectarome has added essential oils and plants designed to clean, condition and nourish your skin.

## ASOUNFOU FACE

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### Yon-Ka

Yon-Ka has been the undisputed pioneer of professional aesthetic aromatherapy since the 1950s for face, body and sun care. This luxurious range of skincare uses essential oils combined with plant, fruit and marine extracts, which deliver instant and long lasting results for all types of skin. Enjoy one of our specialist facials and take advantage of the expert advice from our highly-qualified beauty therapists.

#### **Escale Beauté**

An introduction to Yon-Ka. Restore energy and give your skin a restful look with this regenerating and relaxing mini facial surrounded by fresh aromatic fragrances.

**40 min/700dh**

#### **Hydralesence Visage**

A deeply hydrating facial using plant and fruit extracts. Your skin is bathed in a light aromatic steam leaving it feeling supple and totally re-hydrated.

**75 min/1,050dh**

#### **Le Grand Classique**

Deep cleansing, restoring and refining. This relaxing facial is tailored to your skin type, using a variety of botanicals extracts for a healthy and radiant complexion.

**75 min/1,050dh**

#### **Alpha Vital**

This gentle resurfacing AHA treatment provides a luminous complexion, leaving the skin feeling smooth and silky soft. This treatment is only available in winter.

**60 min/950dh**

#### **Optimizer Facial**

Anti-ageing facial stimulating techniques using a targeted anti wrinkle treatment.

**75 min/1,100dh**

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## ASOUNFOU MEN

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*NB: Gentlemen - To gain the maximum benefit from your facial, please shave prior to your appointment.*

### **Luxury Shave**

Uses exclusive products to deeply cleanse the skin, a mask to rehydrate, hot and cold towels to calm and soften, and a soothing massage leaving you with the closest of shaves.

**60 min/850dh**

### **Skin Fitness Facial**

Yon-Ka deep cleansing, treating and relaxing treatment. Inspired by Le Grand Classique, an answer to men's needs.

**60 min/950dh**

## AROMATHERAPY ASSOCIATES FACIALS

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Aromatherapy Associates are leaders in the world of Aromatherapy using natural ingredients to improve the skin's appearance and bringing the mind and body into balance with pre-blended oils to suit your skin type.

### **Rose Renew Facial**

A truly feminine experience, the pampering begins by lying on a bed of fresh Moroccan rose petals. The facial will include a unique AA massage of the face, and scalp and a hydrating rose mask whilst your hands and arms are massaged. The skin will feel hydrated and regenerated. The Rose in these products is sourced from Morocco.

**60 min/900dh**

**90 min/1,400dh** –to include a back, neck and shoulder massage.

### **Rose Anti-ageing Facial**

All of the elements of the Rose Hydrating facial plus a unique "anti-aging" massage for the face and two masks are applied in this purely lavish experience.

**75 min/1,100dh**

## ASOUNFOU BODY

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### **Yon-Ka**

### **Soins Velours**

A relaxing, moisturising and exfoliating body treatment. This granule free exfoliation with citrus fruits and the relaxing and hydrating aromatic oil massage will leave your skin as soft as velvet.

**60 min/800dh**

 **LIMITED EDITION**

## Aromatherapy Associates

### Enrich Body Treatment

Nourish the body and soul with this luxurious wrap designed to rejuvenate dry skin. An intensive salt and coffee body exfoliation stimulates the circulation whilst removing dead skin cells. Your body is then layered in hydrating marine algae and massaged with a blend of nourishing plant oils. The skin is then protected with velvety moisturising body butter.

**75min/1,050dh**

### La Stone Massage

This is a truly luxurious massage using basalt and marble stones to achieve the body's perfect balance. A flowing river of stones which will melt away any tension and re-energise the mind, body and soul.

Back, neck and shoulder

**30 min/700dh**

Full body massage

**60 min/1,200dh**

Full body, face and scalp massage

**90 min/1,500dh**

### Moroccan Massage

This massage employs traditional Moroccan techniques with French influences using Argon oil as a medium. Embrace the local experience! Subject to availability

Full body massage

**60 min/950dh**

Full body, face and scalp massage

**90 min/1,250dh**

### Rose Hydrating Cocoon

Lie in a bed of Moroccan roses and deeply moisturise your skin. Rich oils and creams of Rose are smoothed into freshly exfoliated skin leaving it glowing. A scalp massage completes this pampering experience.

**60min/900dh**

### Swedish Massage

A combination of specialised techniques with locally blended Argan oil which will help to totally relax and revitalise you.

Back, neck and shoulder

**30 min/600dh**

Full body massage

**60 min/950dh**

Full body, face and scalp massage

**90 min/1,250dh**

### Four Handed Massage

A truly unforgettable experience! Two therapists will work with Moroccan moves addressing every area of tension in the body, creating a soothing and rhythmic massage. Subject to availability

Subject to availability

**30 min/1,100dh**

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## **TOTAL ASOUNFOU** **Enjoy a relaxation package tailor-made for you.**

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### **Asounfou**

From the soles of your feet to the crown of your head, this treatment is two hours of total bliss! Includes a full body massage and a Yon-Ka Alpha Vital or Aromatherapy Associates Rose Hydrating facial.

**120 min/1,700dh**

### **Kasbah Zen**

Enjoy the 'Moroccan Hammam Experience' treatment followed by some relaxation in the Spa surroundings to cool down and unwind, completed by a full body Moroccan massage.

**120 min/1,450dh**

### **Asounfou Man**

Enjoy a full Swedish body massage and make the decision between a luxury sensational shave or a Skin fitness Yon-Ka facial to brighten the complexion.

**120 min/1,700dh**

### **Rose Indulgence**

Combine two nurturing, pampering and truly feminine treatments to uplift your spirits. Begin the treatment with the Rose Hydrating Cocoon body wrap and complete with the Rose renew facial from Aromatherapy Associates.

**120 min/1,650dh**

## **ASOUNFOU ESSENTIALS**

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### **Manicure**

#### **Express Manicure**

This burst of luxury is the fast track way to tidy hands. Your nails will be filed into shape and depending on your needs a cuticle tidy or change of polish.

**30 min/350dh**

#### **Luxury Manicure**

For sheer indulgence your hands will be fully pampered. A complete tidy of the hands, including; filing, cuticle work, a moisturising mask, exfoliation and a relaxing hand massage. To top all that off a touch of colour completes the experience.

**45 min/550dh**

### **Pedicure**

#### **Express Pedicure**

For toes that look good in your summer sandals, this treatment includes nails being filed and shaped, cuticle tidy or a change of polish.

**30 min/375dh**

#### **Luxury Pedicure**

Give your feet the holiday look and let us make them feel brand new. We'll file, work on the cuticles, exfoliate and completely polish those heels revealing soft skin you never knew you had. A relaxing massage and an application of polish will make you not want to hide them away ever again.

**60 min/650dh**

 **LIMITED EDITION**

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## **Manicure and Pedicure - Luxury combined 1,000dh**

*N.B French Polish will take an extra 10 mins. Please specify at time of booking 75dh*

### **Waxing**

Full leg	<b>450dh</b>	Chest	<b>290dh</b>
Half leg	<b>290dh</b>	Back	<b>450dh</b>
Arm	<b>200dh</b>	Full leg/Bikini and underarm	<b>730dh</b>
Bikini	<b>200dh</b>	Half Leg/ Bikini and underarm	<b>570dh</b>
Underarm	<b>180dh</b>		
Facial	<b>200dh</b>		

### **Eye lashes and Eye brows**

*NB: Patch tests are required for all eyelash and brow tints at least 24 hours prior to treatment*

Brow shape	<b>180dh</b>	Lash & brow tint	<b>250dh</b>
Lash tint	<b>200dh</b>		
Brow tint	<b>130dh</b>		

## **VIRGIN UNITE MAROC**

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Kasbah Tamadot and Virgin Unite (the Virgin Group's entrepreneurial foundation) work hand in hand to improve living standards in the communities around the property. This effort is spearheaded by Eve Branson, known to us as Richard's mum!

The Eve Branson Foundation aims to help the local people in the long term by setting up sustainable enterprises which so far have included a carpet workshop and a craft house run and managed by locals.



In aid of this charity, we have devised these "Angel Spa Packages" whereby 15% of the money from treatments sold helps to raise funds for this worthy cause. Go on! Be an Angel – have a special spa experience and help the cause.

### **Angels in Paradise**

Enjoy your Swedish massage knowing that your partner is enjoying the same treatment at the same time.

**60 min/1,800dh per couple**

### **Asounfou Angel**

Enjoy a back massage using the deep, tension melting effects of the hot basalt stones, followed by an Aromatherapy Associates Rose Hydrating Facial.

**105 min/1,650dh**



# A S O U N F O U

## **Smooth Angel**

The luxury Sensational Shave: Uses Yon-Ka men's products to deeply cleanse the skin, hot and cold towels to calm and soften, and a soothing massage leaving you with the closest of shaves. Plus a hydrating face mask and a relaxing scalp massage. The luxury is completed by an express manicure.

***90 min/1,100dh***

## **Yazire Angel**

The local Moroccan Experience: Yazire is the Berber word for rosemary which is grown here in the Kasbah Tamadot gardens and is used in this luxurious face and body treatment. After a loofah exfoliation warm oils are brushed onto the skin and a sprinkling of rosemary is applied before being cocooned warmly. As you relax, a face and scalp massage will ensure extreme relaxation is achieved. Hot towels and a seasoned moisturiser complete the treatment leaving the skin stimulated, toned and retextured. Rosemary is historically known for improving memory making the treatment truly unforgettable!

***75 min/950dh***